4th ANNIVERSARY ISSUE XIX

VOLUME III

DE MODE

JAN.FEB.MAR. 2021

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WARDROBE REVAMP

KELBIN LEI *with*
MICHAEL KULUVA
ALEJANDRA CERVANTES
GO CLOTHED

THAILAND FASHION WEEK® ss21

Diana COUTURE

THE YEAR OF HOPE : 2020
COLLECTION IS WORTH WATCHING ON COSMOS!

test-drive YOUR sex-drive

Meet the most astounding INTERIOR DESIGNERS to shine in 2021

Adline CASTELINO

10 BOOKS TO READ THIS SEASON AND CALM YOUR MIND

A QUATERLY MAGAZINE BY DE MODE NEWS BUREAU

DE MODE

KLEISTUDIO

SPRING/SUMMER 2021

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MAGAZINE DISTRIBUTION MODEL OF DE MODE

DE MODE magazine can be distributed through the mail or free distribution on authorized websites. The subscription business model of DE MODE for distribution fall into two main categories.

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**Published by: Kings Federation International Group
Website: www.kingsfederationinternational.com
Registered Head Office: M-15, Saltee Plaza, Jessore Road, South Dum Dum, Kolkata India 700080
Email: news@demodemagazine.com
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DIGITAL EDITION (PREMIUM COPY)

**VOLUME 4 ISSUE 19 (NON-PAID PUBLICATION)
FOR THE MONTH JAN-FEB-MAR 2021 (1ST QUARTER ISSUE)
TOTAL NO. OF PAGES 104**

FROM THE CHIEF EDITOR'S DESK

Dear Readers,

Hope you've enjoyed the three years journey of DE MODE as we did. Introducing you the 4th anniversary issue, JAN-FEB-MAR 2021, feat. Miss Universe India 2020, Adline Mewis Quadros Castelino. A confident lady with a desire to help the world. She will be representing India at the Miss Universe 2021 Pageant. Read her exclusive interview with DE MODE inside and know more about her winning secrets. Covering the first-ever digital season of Thailand Fashion Week felt like a great achievement for our team as we got accredited by the Fédération de la Haute Couture et de la Mode (FHCM), Paris. We interviewed many world-famous designers from the digital runway and learnt more about how digital showcasing will be making an impact when things go back to normal, and also in the near future.

THAILAND FASHION WEEK, for the first time in history, presented Spring-Summer 2021 collections virtually on COSMOS - Asia's First AI-Powered Digital Showroom that received over 350,000+ views before the fashion week ended on December 4, 2020. That's the highest number of views received during a fashion week in Asia. Revamp your Spring/Summer 2021 wardrobe from the collection of brilliant fashion design houses: Kelbin Lei, Michael Kuluva, GoClothed, Alejandra Cervantes, Diana M Putri, Barrus London, Xioti Chiu x Marck Losaria, Yas Gonzalez, Naurah USA and more from 12+ countries.

Diana M Putri, with her son, Reinhardt Kenneth, presented 2020: Year of Hope collection at THAILAND FASHION WEEK 2020. Amaze yourself by the jaw-dropping collection inside.

Find the most-demanded list of 18 books that you should read this 2021. We have brought you books from the desk of astound authors from India and around the world; AJ Anthony, Radhika Kawlra Singh, Manjula Rao, Abhishek Mishra, Sheetal Bhadauriya, Sunayana Khandelwal and 12+ authors.

We are sure many of you might be planning to renovate your home or buy a new property. We got your back. Find inside 2 interior design houses that are sure to shine in 2021; MuseLAB and PSR Architecture.

Enjoy reading DE MODE JAN-FEB-MAR 2021 GLOBAL ISSUE and share your feedback BY RATING US ON GOOGLE.

Nikhil Chandra Rana

Nikhil C. Rana (Nick)
FOUNDER & Editor-in-Chief

DE MODE
WORLD'S NO.1 FASHION, BUSINESS & LIFESTYLE MAGAZINE

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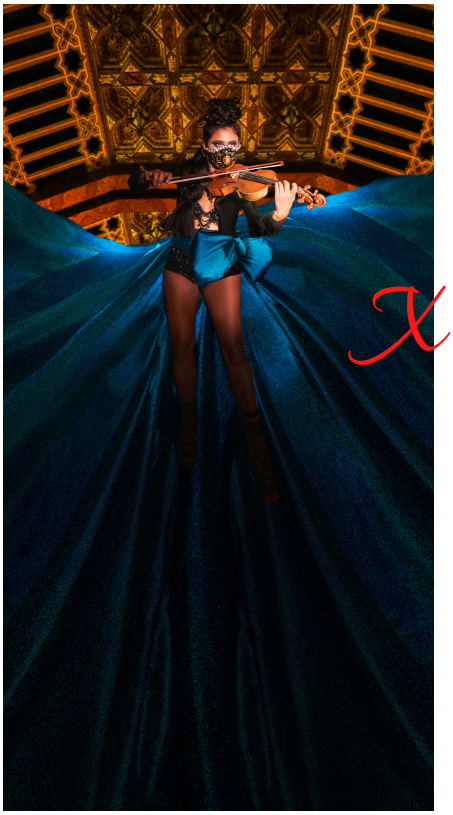
PERFORMANCE ISSUES IN BED ARE MORE COMMON THAN YOU MAY REALIZE. SO IF YOU ARE UNABLE TO HIT HOME RUNS EVERY TIME, THERE IS NO NEED TO FRET. IT HAPPENS TO THE BEST OF US! HERE'S A WORKOUT ROUTINE TO GET YOU IN THE GROOVE WITHIN NO TIME! / PG.103



DIANA M PUTRI x REINHARDT KENNETH

"2020: The Year of Hope" SS21 COLLECTION at THAILAND FASHION WEEK

/PG. 20

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ADLINE CASTELINO

MISS UNIVERSE INDIA 2020

Adline Mewis Quadros Castelino is an Indian model and beauty pageant titleholder. She was crowned as Miss Diva Universe 2020 and will represent India at the Miss Universe 2020 pageant. Castelino was born in Kuwait City to Mangalorean Catholic parents Alphonse and Meera Castellino. Her family hails from Udyavara in Udupi, Karnataka. Castelino attended the Indian Central School in Kuwait. At the age of fifteen, she returned to India and moved to Mumbai, where she attended St. Xavier's High School. Castelino later attended Wilson College. There she graduated with a degree in Business Administration.

DE MODE interviewed Adline Castelino to know her journey to the Miss Universe 2020 India crown and how is she drilling to bring the crown to India competing the global winners from 89 countries.

INTERVIEW WITH ADLINE CASTELINO

OUTFIT	Avani Agrawal (House of Jadau)
MAKEUP & HAIR	Mamta Bhatt
STYLIST	Sonali Gadia
PHOTOGRAPHY	Navin Dhyani
JEWELRY	Vaidaan (PR: POP Publish)
FOOTWEAR	Sole Head
LOCATION	Hotel Renaissance, Mumbai

Q: After winning the Miss Diva Universe title, what were the opportunities you received?

A platform like the Miss Diva opens up a plethora of opportunities especially in terms of meeting people in the same area of work and getting a chance to learn from people with different experiences. Also gives you recognition and a voice to connect to people and use the same to educate or make people aware of the change you want to create.

Q: What are other beauty pageants you won before entering the Miss Universe pageant?

I entered pageants because of the aspiration of being a Miss Universe and everything that this platform stands for, from supporting confident women and championing their goals to advocating causes. However in order to represent my country I had participated and won Miss Diva Universe 2020 that makes it possible for me to do so.

Q: How much did your family supported before winning the Miss Diva Universe 2020 crown?

I'm am really grateful to have such a supportive family that has always believed in me and understood my circumstances. However, I always wanted to financially support myself in the journey hence I started modeling in college to make things work out.

Q: How did your modeling career start?

I never planned on becoming a model ever. It all started while preparing for Miss Diva. I felt that it was important to build a profile and gain experience so I reverted back to the agency that contacted me while I was in my first year of college and worked with them

Q: Life is tough before winning a title that everybody in India or worldwide recognizes. Was it the same for you?

Yes living away from family for quite some time now, it gets challenging and difficult to navigate but I'm really lucky to have roommates that taught me everything from cooking to cleaning and other tacts of survival whilst in college and the years I started preparing for the pageant

Q: How did you feel when you had your first live interview?

It was overwhelming but I was really excited about it since I have been looking forward to media interviews to share my views and experiences with a young audience.

Q: What should the amateur models do to get observed?

I believe social media platforms like Instagram have become like the inoffensive portfolios to showcase one's work, so it becomes crucial to keep reinventing and trying something new to get observed. If you are starting out then collaborating with different photographers and artists can be a really good idea to build networks.

Q: These days young energy dreams to win a beauty pageant and live life queen size. How real is to real life?

I believe there is a huge misconception that once you get to a level, the obstacles or problems you face will be gone. Every new position that you reach will have new challenges to face and the zest of life is to navigate through them. Before you choose a way of life ask yourself if the pain taken for it is worth to you.

Q: What makes you different from other models?

I don't think I'm different, I'm just as relatable and go through the same processes like other models. Due to Miss Diva I have been able to work with the best in the industry quite early on so there is a lot that has been taught to me and I'm grateful for that.

Q: Are you involved in social work? If yes, what was the last activity you took part in?

I have always used the platform to voice for my farmer community, for affordable Healthcare for women and also for the rights of LGBTQ communities. I am currently working on raising awareness on clefts working along with smile train.

Q: How religious you are?

I believe I'm a good combination of a religious yet spiritual person because I think religion helps me to follow a good lifestyle and spirituality helps me not to pride myself in that and realize that there are many roads to reach the highest power.

Q: How do you turn negatives into positives?

Thinking emphatically and professionally helps me change negatives into positives. I realize that criticism is very normal in the field and you can make the best of it if you think very professionally.

Q: How was your experience shooting the DE MODE cover?

Shooting with De Mode was the most relaxing, working with the amazing Navin Dhyani, he is great at what he does and Mamta has done a really good job with the hair and make-up. Would extend my gratitude to the magazine to give me this opportunity to talk to your audience and talk about my journey and causes.

OUTFIT	Reema Anand Label
MAKEUP & HAIR	Mamta Bhatt
STYLIST	Sonali Gadia
PHOTOGRAPHY	Navin Dhyani
JEWELRY	Vaidaan (PR: POP Publish)
FOOTWEAR	Sole Head
LOCATION	Hotel Renaissance, Mumbai

AVANI AGRAWAL

FOUNDER, HOUSE OF JADAU

A fusion of Indian & Western Culture

house_of_jadau_official avani6914

Avani Agrawal comes from a conservative joint family in Dhar (town) near Indore. When she was 6, her father was diagnosed with oral cancer. Avani's mother played a very important role in shaping her who she is today.

After completing her school, she moved to Indore for higher studies, for her, it's very challenging to convince her family for FASHION DESIGNING. It took a year to convince because she never had a background in fashion as such. She joined INIFD Indore in the year 2015 as soon as she decided to become a fashion designer. It was altogether a different world for her & things were really tough initially. But supportive people, place & experience helped her manage & deal with the daily tasks. In INIFD, proper training and techniques made tough things easier it's not even possible without the mentors to support who shaped & polished her work. INIFD Fashion show ADHWAN "The Journey of Life" where she took part & introduced herself as a Fashion Designer in the outer world. After graduating, she always dreamt to work with Sabyasachi Mukherjee, Anita Dongre & other famous designers in India. She joined a fashion studio as a designer in Indore & worked for 2 years. She had an amazing learning experience in various fashion practices and fashion business while working there.

At the age of 22, she launched her own brand, HOUSE OF JADAU. Adline Castelino, MISS UNIVERSE INDIA 2020 starring in one of her designed attire is on the front cover of DE MODE JAN-FEB-MAR 2021 GLOBAL ISSUE. This was something which she always wished for.

She fails, she succeeds, she believes in herself, she prooves & gets ready for new opportunities. She receives immense support from her family & friends which keeps her motivated in the journey.

Leaving a message to all girls & women, she says that if you can dream, you can definitely achieve it, age is never a limit to learning & dreaming.

house of jadau

HOUSE OF JADAU is a brand name that is very close to Avani's heart with due respect and she loves this name which has its own importance in her life. She dedicates this label name to her family & grandparents who are a garland of pearls and reflects the roots, attires by her.

J - Mr Jagdish Agrawal
Teaches her patience and team work

A - Mr Ashok Agrawal
Makes her understand to love and listen what u want to listen and do.

D - Mr Dwarka Agrawal
Teaches her to be ambitious, keep working on your goals, pay attention to the details, to regularly polish your work and keep correcting your mistakes.

A - Mr Anil Agarwal
Teaches her how to keep a positive attitude (willpower) and how to fight with problems.

U - Mr Umesh Agarwal
Makes her understand to don't think much about tomorrow and live every moment.

Beyond this, there is a connection of love, laughter and trust. This all makes her believe that she can lead in the fashion industry being an independent women entrepreneur. If I fall down they are there to hold her to get steady for the next opportunity. Her collection is a reflection of culture, intricacies & details. She puts all in her work what she has inherited from her family. She always tries to give it in her couture collection through design, fabric, texture, colour, embroidery, handwork, details & quality. Ethnic wear with a tint of modern touch and western look. Menswear, women's wear & kidswear are on the roll in the coming months.

A new journey of *HOUSE OF JADAU*
Reflecting the roots
Attires by Avani

ADLINE CASTELINO, MISS UNIVERSE INDIA 2020, WEARING HOUSE OF JADAU BY AVANI AGRAWAL.

SONALI GADIA

CELEBRITY FASHION STYLIST

PERSONAL STYLIST | SHOPPER | PASSIONATE MODEL

twistyoupretty sonali.gadia

Sonali Gadia, born and raised in Mumbai, where she completed her Masters in B.A literature from Kishinchand Chellaram College.

Sonali's discerning eye and love for fashion developed at a young age when she was in her school. She has always been absolutely ambitious and persistent in life and hence has tried to live every possible dream she ever dreamt of. After completing her HSC and advanced French level she soon set her sights on a career as a fashion stylist. She immediately joined FADInternational in the year 2017 and began her career in her early teens working as an assistant, while she was still learning, before growing her personal portfolio, working on commercials and magazines under her own.

Her first-ever work was an AdFilm with John Abraham. It wasn't long before she got noticed for her upbeat attitude and a keen eye for fashion and trendsetting abilities.

She moved up as a teen employee, honing her skills and nurturing her passion for fashion at sets and photo shoots. Her long hours paid off, propelling Sonali into a career as a fashion stylist.

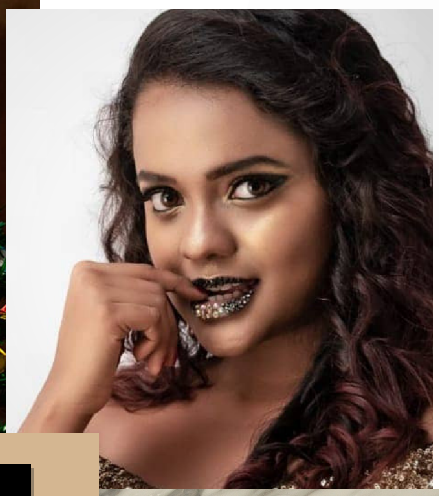
Today apart from doing day to day shoots, consultancy and personal shopping, she is also a fashion stylist at a known company StyleNook. She is often praised for her familiarity with styles that run the gamut from comfy to couture. She says that "I'm just as comfortable and happy working with a dress from a local brand to a dynamic Diorgown," after all for me "It's all about what makes my clients look and feel their best!

Whether it's a high-profile celebrity for an Award event or a recent college graduate looking to update her wardrobe, Sonali gives each of her clients the same amount of respect and attention. From personal shopping and styling for the everyday career woman or businessman to dressing a starlet attending theAwards to doing fashion shoots, Sonali wants to become the go-to stylist for each one in the style and the fashion world.

Paris, New York, Milan, London and Tokyo Fashion Week is from where she takes styling inspirations as they are directly from the global fashion capitals. For a fashion stylist, it is very important to be inspired by something or the other. These influences help Sonali to inspire her ambition in styling. Whether you know it or not, you need to be inspired as a creative. Inspiration is what leads to our concept and concept what further leads to the sourcing and the shoot.

She was extremely excited ever since she was contacted by DE MODE to do the styling of Adline Castelino, Miss Universe India 2020. She was little-bit nervous in her first-ever cover shoot of DE MODE with Miss Supranational India 2018, but in the second cover shoot, she seemed pretty confident about her job. When asked about her experience, she said "It cannot be elaborated in simple words! But It turned out to be exactly the opposite of what I'd thought it would be. Everything went on so smoothly and evenly. It was a bunch of all the creative people working altogether for the best outcome. It was a wondrous experience."

ADLINE CASTELINO, MISS UNIVERSE INDIA 2020, STYLED BY CELEBRITY STYLIST SONALI GADIA IN A REEMA ANAND OUTFIT



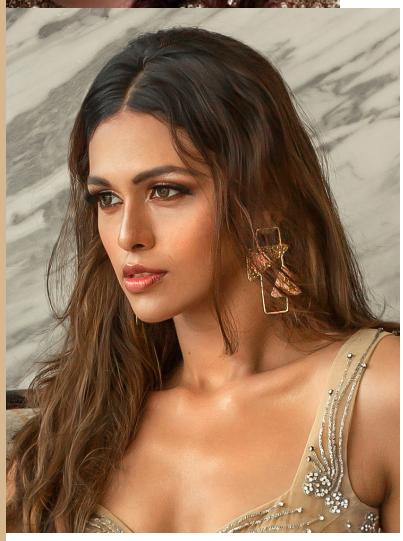
Mamta Bhatt

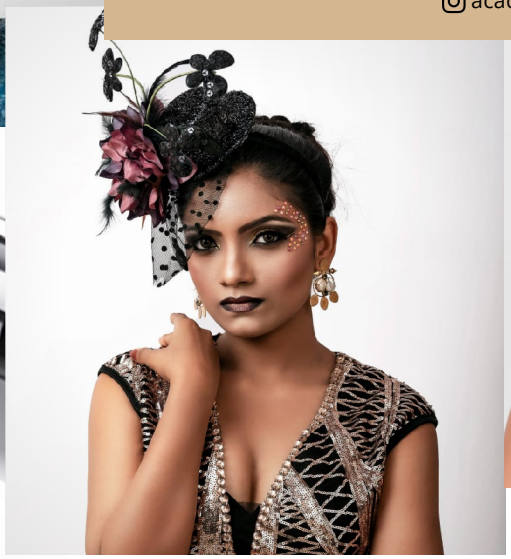
She hails from Mumbai, India and her studio is located in Dadar East, the heart of the city. Mamta completed her CIDESCO CERTIFICATION in February 2020.

This fantastically talented artist has been creating amazing transformations for over 15 years now. Having spent a vast period of her life in making brides' day the most memorable and beautiful, she has become a well-known name in the industry. She knows exactly what it takes to turn your bridal fantasy into a gorgeous reality when it comes to the make-up department on your special day.

She caters to her clients across Mumbai, as well as Destination. She has gained a reputable response from her clients and is most sought after in all the wedding seasons. She has experience of doing bridal makeovers and dressing the brides of all cultures and traditions. Apart from bridal makeup, Mamta is creating quite a stir in the fashion industry. Her approach to beauty emphasizes glowing skin and a natural look.

academyofmamtabhatt





Spotlight

THAILAND FASHION WEEK®

Thailand Fashion Week SS21 was premiered worldwide from November 29, 2020 - December 4, 2020, on COSMOS - Asia's First AI-Powered Digital Showroom that received over 350,000+ views before the fashion week ended on December 4, 2020. That's the highest number of views received during a fashion week in Asia. Revamp your Spring/Summer 2021 wardrobe from the collection of brilliant fashion design houses: Kelbin Lei, Michael Kuluva, GoClothed, Alejandra Cervantes, Diana M Putri, Barrus London, Xioti Chiu x Marck Losaria, Yas Gonzalez, Naurah USA and more from 12+ countries.

He is world-wide well-known for his creativity, aesthetic and professionalism. These things are the crucial stepping stones for Kelbin to finally launch his label in 2020 – Klei Studio. The young designer describes his fashion brand as a responsible brand with a strong focus on timeless minimalism. "Simple but Unique", featuring minimalist style and innovative designs. On top of that, the key vision of Klei Studio is 'empowerment', to embrace diversity and empower all girls and boys from different walks of life. The interpretation of the fashion house can come from all genders, ages, and body types. That's why all designs of Klei Studio represent not for seasonal fashion trends but individualities.

KELBIN LEI

One of the most influential fashion icons in South East Asia. He has started his career in Vietnam as a fashion model then became a well-known celebrity stylist and influencer. After 10 years being on top in the industry, Kelbin has left his signature mark with impressive works for many prestigious brands & magazines.

FROM A LEADING INFLUENCER TO AN EMERGING DESIGNER OF SOUTH-EAST ASIA.

KLEI STUDIO

As a professional stylist, Kelbin Lei understands the importance of mix-match. It is the detail that matters. That's why accessories also play an important role in the very first collection of the talented designer.

Power dressing – that's what Kelbin wants to convey from his creativities. The first collection is inspired by the restructuring and layering process of architectural design. More than 30 ready-to-wear designs are curated with the touch of high fashion spirit. From draped dresses and asymmetric skirts to deconstructed blazers and menswear- inspired suits, Kelbin has shown everyone his unique talent through the new transformation of the classic garments and timeless designs. The collection focuses on minimalist silhouette and neutral colors together with the captivating details.

KLEISTUDIO
SPRING/SUMMER 2021

KLEISTUDIO
SPRING/SUMMER 2021

KLEISTUDIO
SPRING/SUMMER 2021

KLEISTUDIO
SPRING/SUMMER 2021

KLEISTUDIO
SPRING/SUMMER 2021

DIANA. m. putri x REINHARDT KENNETH

2020:THE YEAR OF HOPE

is a collaborative project between the renowned Indonesian mother and son duo, Fashion Designer Diana M Putri of Diana Couture and Fashion Photographer and now Director Reinhardt Kenneth. Premiering at Thailand Fashion Week S/S 2021, powered by Aston Martin Bangkok, the project births a collection presented through a fashion film, one that focuses on the idea of "finding hope, through unity, in times of adversity". It gravitates towards an aim to reflect 2020's tragedies through a very diverse cast of fashionable muses, each representing a different issue from this horrific year. This project collides both creative in two different continents (Diana in Indonesia and Reinhardt in Los Angeles) to work together virtually uniquely this pandemic. Even though most of their planned projects from this year had to be postponed, they still wanted to present a project, one that is relevant to our times and tells a story of hope through fashion.

2020: the year of hOpe

SS21 collection

Muse: Jaslene Whiterose
(LA-based Instagram Influencer)

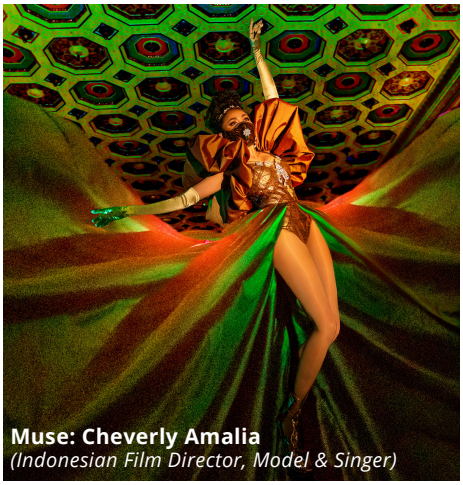
- Producer: Thomas Bang & Katerina Hung *(Literali Agency)*
- Styling: Rita Sounthonephom
- Photography & Creative Direction: Reinhardt Kenneth
- Hair: Cherry Peterbrink & Taylor Peterbrink
- Makeup: Carisa Arellano, Jeanne San Diego, Alex Jairus, Tony Giannos, Star Tsai, Bryan The Savage, Coma Spice
- Accessories: UBS Gold *(The Archives & Showroom)*
- Shoes: Jolie Moda
- Words: Sonam Naidu

DIANA M PUTRI

Fashion Designer Diana Putri of Diana Couture has been named as The Best Designer by Global Fashion Avenue in New York Fashion Week's S/S 2016 Season. Diana's clients range from royalties, Hollywood celebrities, and notable socialites. Lady Gaga, Ariana Grande, Nicki Minaj, Janet Jackson, H.R.H Princess Kristine De Bagration of Georgia, Carrie Underwood, Camila Cabello, Meghan Trainor, Jamie Chua, Toni Braxton are only some of the many names whom Diana have dressed. She recently showcased her new collection at Thailand Fashion Week.

REINHARDT KENNETH

LA-based Indonesian Fashion & Celebrity Photographer Reinhardt Kenneth was a prodigy at just 14.
He was discovered by Vogue Italia's late Franca Sozzani, and have ever since been featured in the likes of The Louvre, Vogue Italia, Art Basel Miami, and many other prestigious platforms.
His ability to transform a social message/issue into fashionable yet thought-provoking imagery has granted him a true platform of creation and revolution.



Muse: Cheverly Amalia
(Indonesian Film Director, Model & Singer)

Muse: Cole Woods
(Model/preneur & Mentor)

Muse: Tiffanie Marie
(LA-based Model & Dancer)

Muse: Yasmeen Al-Mazeedi
(Music Producer & Violinist)

Muse: Jessica Belkin
(American Horror Story/Pretty Little Liars Star)

Go Clothed

"Dynameis" is a collection of 8 hats inspired by the power of nature, in which we've wanted to represent natural elements and forces. We've used resins to transform our hats into different elements by colouring and hand-moulding the resin to shape each design, making this collection innovative and artisan.

Model: Lara Ricastro
(Managed by Galileo Agency, Madrid)
Photography: Nina Prodanova
Makeup: Elisa Jimenez & Yulia Fernandez
Hat: Go Clothed - Dynameis collection
Venue: Hilton Madrid

Marina (Left) & Macarena (Right)

GO Clothed, is a Spanish fashion brand founded in Madrid in 2018 by sisters, Macarena and Marina. They bet on innovation with style, seeking through the fusion of tradition and avant-garde to create different and transgressive products. Macarena Gutiérrez Ortega Co-Founder and Creative Director of the brand studied Design and Image Management at the Rey Juan Carlos University in Madrid.

In 2017 she studied the AMD postgraduate degree in architecture and fashion at the Polytechnic University of Madrid, where she confirmed her passion for fashion design, exhibiting her designs at the 5th Edition of the Emerging Design Month of the Madrid Fashion Museum. In 2018, she decided to create GO Clothed alongside her sister Marina.

At GO Clothed they believe that fashion and its accessories are tools with which to show the personality of each one without barriers. They believe in the perfection of the imperfect, in the complement of the incomplete and in respect for the different.

GO Clothed produce all their products in a responsible and environmentally friendly way, betting on limited manufacturing and working with trusted suppliers.

Model: Angel Bohorquez *(Managed by Galileo Agency, Madrid)*
Photography: Nina Prodanova
Makeup: Elisa Jimenez & Yulia Fernandez
Hat: Go Clothed - Dynameis collection
Cinematography: Maria Gutkovskaya & Nikita Yolshin
Venue: Hilton Madrid

Model: Ada Marte *(Managed by Galileo Agency, Madrid)*
Photography: Nina Prodanova
Makeup: Elisa Jimenez & Yulia Fernandez
Hat: Go Clothed - Dynameis collection
Cinematography: Maria Gutkovskaya & Nikita Yolshin
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Model: Willi Withani *(Managed by Galileo Agency, Madrid)*
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Makeup: Elisa Jimenez & Yulia Fernandez
Hat: Go Clothed - Dynameis collection
Cinematography: Maria Gutkovskaya & Nikita Yolshin
Venue: Hilton Madrid

Alejandra Cervantes

Alejandra Cervantes Hall was born in San Pedro Sula, Honduras. She is 17 years old with the aspiration of becoming a Fashion Designer. From a very young age, she enjoyed going shopping with her mother and styling her very own outfits. Fashion is described by her as her way of living. Designing transports her to many places and that's where her inspiration comes from. Alejandra is a teenager with many dreams. Her biggest dream is to have her own company. Her three main pillars in order to achieve her dreams are hard work, perseverance, and faith. Alejandra invites all young dreamers to pursue dreams, no matter how scary it may seem, sometimes the best things in life start with fear.

Alejandra Cervantes Clothing is her personal brand. Three years ago she decided to start this journey and she says it has been one full of emotions. Alejandra has had the pleasure to create custom made designs. She says that being able to transmit the ideas to her customers and working directly with them has helped her to grow as a person. The main inspiration behind her business is her mother. Her mother has taught her that she can accomplish everything she dreams of with hard work perseverance and faith. Her goal is to create a worldwide recognized brand as a Honduran fashion designer. She recently showcased her new collection *"Etlier"* at Thailand Fashion Week SS21.

Etlier

ETLIER. 19 - SS21 COLLECTION

Etlier.19 - SS21 is a collection of 8 garments designed using Cotton and Linen fabrics that have been combined to be worn on a summer sunny morning, afternoon, or starry evening. The collection narrates the story of a 17-year-old emerging fashion designer, Alejandra Cervantes. It represents a dream from yesterday that with perseverance, hard work, and faith, today is a reality! This personal journey in the fashion industry summarizes in one phrase: Don't Stop Believing!

OUTFIT	Alejandra Cervantes
MODEL	Stephanie Orantes
MAKEUP & HAIR	Melissa Gudiel
PHOTOGRAPHY	Mark Photography
JEWELRY	Maria Echeverri
CINEMATOGRAPHY	Daniel Brand Photography
LOCATION	El Madero, Honduras

PHOTO Mark Photography, HN **MODELS** Stephi Orantes, Nohemi Hernandez, Alejandra Lainez **MUA & HAIR** Melissa Gudiel

ALEJANDRA CERVANTES

SPRING/SUMMER 2021

PHOTO Mark Photography, HN **MODELS** Nohemi Hernandez, Alejandra Lainez, Stephi Orantes **MUA & HAIR** Melissa Gudiel

MARCK XIOTI

x LOSARIA

"Life is a magical journey, one can go through a rare phenomenon in a sudden way..."

– Xioti

Marck Losaria

+Esallation : Spring/Summer 2021 Collection presented at Thailand Fashion Week SS21, worldwide premiere on cosmos.

Marck Losaria's process of creating his capsule collection titled "+esallation" is very close to his heart as this is one way of showing respect to some of his closest friends that are going through the most challenging times. He started creating a concept that would best represent the advocacy that he is supporting and how it will amplify the message to the people.

The collection of Marck Losaria is a presentation of how the process works and the emotions of an individual who is going through this. But beyond this, it is more than the emotion and Imperfections but rather being strong, and hopeful and seeing the brighter side.

That peculiar feeling leads them to something creative and thinking that colours are not just colours to represent something, but it can also be an intangible feeling that one can create on his mind while seeing rays of different colours, such as space, lines, associated taste, and flashback memory from experiences. Hence XIOTI CHIU and MARCK LOSARIA allowed themselves to create an abstract story that one has to dive in and understand.

Xioti Chiu

XCnesthesia : Spring/Summer 2021 Collection presented at Thailand Fashion Week SS21, worldwide premiere on cosmos.

Xioti Chiu capsule collection titled "XCnesthesia" was enthused to an event where he has personally experienced what colours would appear to in taste and in numbers in a snap.

Colors play a vital role in the world as well as in our lives and they can say a lot of things, the way we think, mood, interpretation, and even when we sleep, colors can still be part of our dreams that stimulates the feeling of travelling through rays of the prism.

We commonly see and use colors to describe a particular event as it becomes a relevant presentation; a collaboration of colours affects how we see things in general. In fact, one out of millionth does go through this phenomenon. This rare phenomenon is what we call synesthesia - a trait or a rare condition that can potentially result in joining or merging our senses that are normally not connected. The study says that only 2,000 people are experiencing this and 300 are having some variation of this condition.

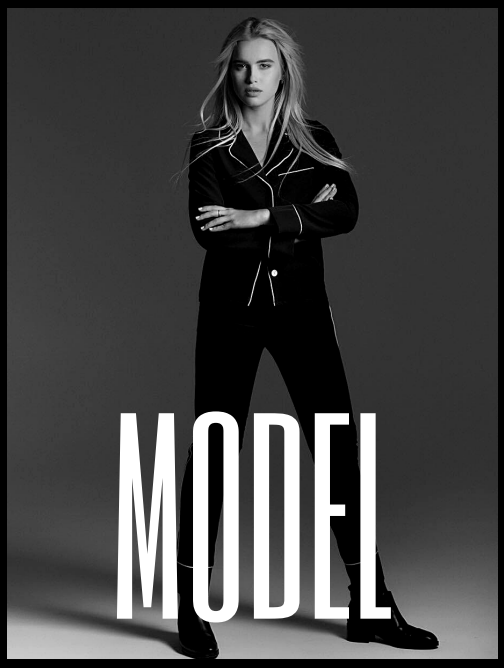
Xioti Chiu : XCnesthesia
SPRING/SUMMER 2021
PHOTO Dale Chan

Marck Losaria : +esallation
SPRING/SUMMER 2021
PHOTO Dale Chan

DE MODE
BRING

THE

HEAT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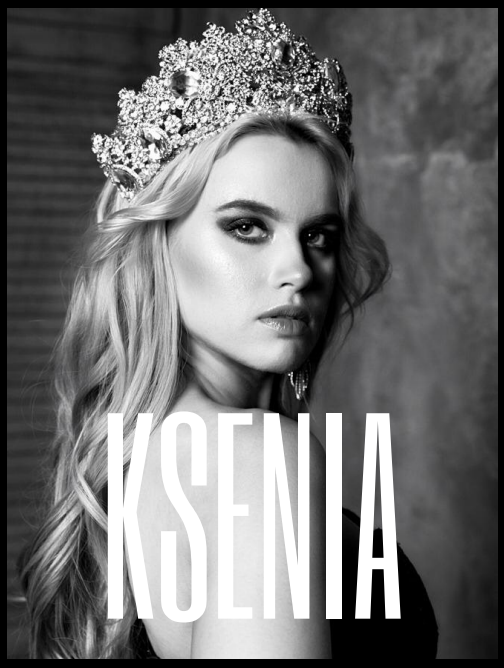
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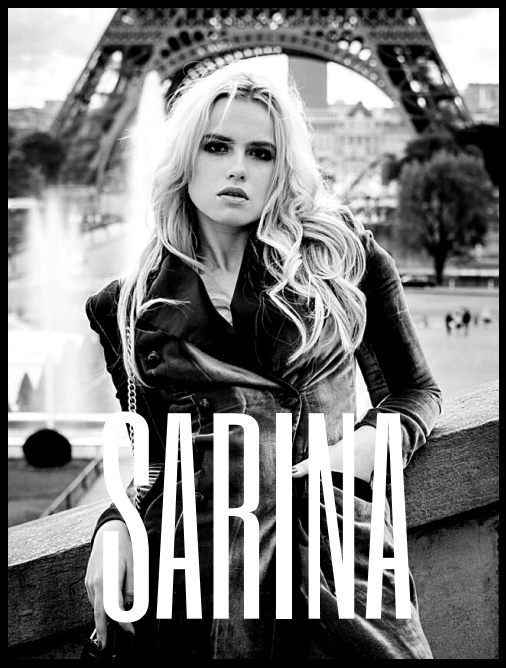
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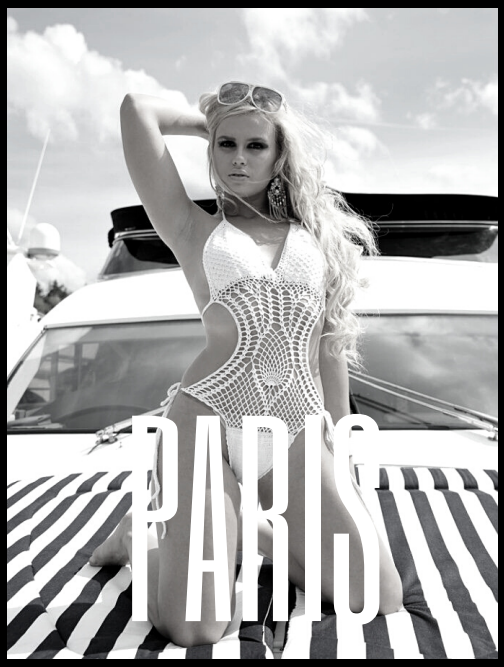
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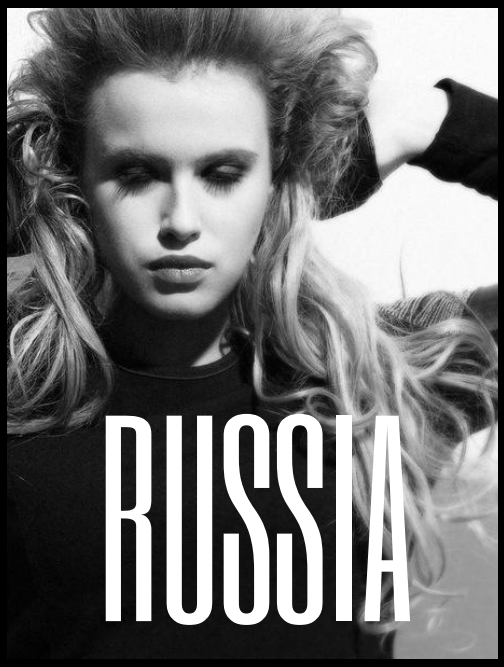

RUSSIA

NYC

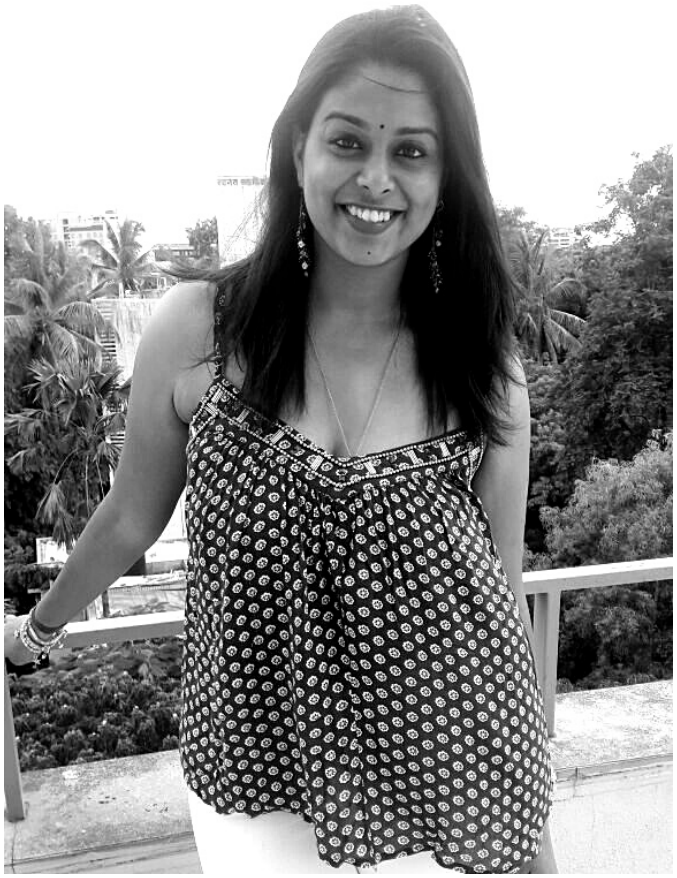
DE MODE | BOOKS & AUTHORS

VOLUME 04, ISSUE 19

10 NEW BEST BOOKS TO READ THIS 2021

Photo: Bennie Lukas Bester

JAN-FEB-MAR 2021 | WWW.DEMODEMAGAZINE.COM



SHEETAL BHADAURIYA

Sheetal Bhadauriya is an Indian Author of the Book "Feral Thoughts: Poetry for the Untamed Soul" launched worldwide in 2020. She has completed her graduation from Kamala Nehru College and post-graduation from Symbiosis, she kicked off her career pretty well from a well-known MNC and good pay before she hit the rock bottom in 2018 when she was diagnosed with epilepsy and lost quite a lot of memories. She started writing back in 2019 to vent out when she was bed-ridden, bruises all over her body, her family, very few friends by her side as in India, Epilepsy is still something only an exorcist can cure. She is fighting her epilepsy to date. She is connected to many support groups worldwide like Epilepsy sparks, Accept Epilepsy and GOHE. She gives mental health education as well as teach kids who wants to learn more about the world. Clearing such taboos is what she aims for. Her book, “Feral Thoughts: Poetry for the Untamed Soul” inspired from experiences she has gone through as well as of the people around her. A deep thinker, poet and music lover by nature, Sheetal Bhadauriya works as Head of Practice (Research & Development) in Kerala. Other than her full-time job, she follows causes for animal welfare and child-education.

FERAL THOUGHTS:
POETRY FOR THE UNTAMED SOUL

The book is a collection of verses, poetries which any reader can easily resonate with. One should not cage their thoughts into their minds. Our thoughts are like wild horses. Let it out, let them be free and breathe. The mood of the poems has been brewed between the bitter to extreme joyous moments of life which should be celebrated often. There will come a day when you'll feel unbothered like I do. As a writer, I have tried to introduce a new way to interact with the reader to pave the way for them to understand what exactly I want to convey. I call it “Conclusive Poetry” cause the reader kept on reading thinking about something else and then the title, which I give is at the end, actually directs them where to look from my perspective. A lot of people loved this kind of poetry so far and I got multiple positive reviews.

All the poems in this book “Feral Thoughts”, I believe, is my responsibility, as an author to show a reader a right direction. I cannot just leave the reader hanging, that’s what I feel.

Available on: amazon | **Rating: 4.9/5**

“This book is a beautiful palette of emotions, a comment on society for kicking some taboos and a voice for readers who are still searching for their place in this world. This book is Me. I am on every page and every word.”

INTERVIEW WITH AUTHOR SHEETAL BHADAURIYA

Q: Is writing your passion or emotion?

Well, Writing is more of emotion for me. I only write when I feel things deeply or something that strikes me as an idea. Passionate Writing is a manifestation of my own emotions. So, it is wrong to say writing is only one of the two. For an author, the right kind of writing comes from within by which I want to relate with the readers and make them feel safe cause my book is all about thoughts.

Q: What was that final or provoking thought that made you write your first book?

"Feral Thoughts: Poetry for the Untamed Soul" is my debut book released worldwide. After I was diagnosed with Epilepsy in 2018, a lot of people stopped talking to me. In India, it's a more of a taboo to have any kind of neurological problem, let alone epilepsy. Here, it is known only that an "Exorcist" can cure. Well, Wrong Answer! I had to do something. Not having a support group then, I started writing whatever I felt around me, good or bad. I was shocked by the response when people started writing in about their mental health conditions and how they can't find anyone to talk to. I started collecting my own pieces of experiences and with consent, some of theirs. I made this kintsugi bowl of verses.

Q: How does writing brings out the best in you?

When I write, I don't think about how people going to critique me. All I think about the times when I hit the rock bottom and needed these words. I do things spontaneously to gain experience because I quote "The plan is to do things unplanned".

Q: Do you believe in awards or rewards?

Well, I won't say no. Awards, rewards, accolades do motivate an author to write more cause why the writer never gives on self. But that's not the sole purpose. The accolades, the messages, the cover stories people read, it's more of a fruit of the seed once we sow deep. When I got my 100 books sold, many readers came up and said, "Well, you wrote well", "the book is really good", it really makes my day. I know I did something good for sure.

Q: What is your favorite Quote?

"Do what is right and at the right time. Do not bother about what others has to say cause they are not going to arrange a coronation ceremony for all the good deeds you're doing anyway. So why bother?" – Snehlata Bhadauriya (My Mother).

Q: How does writing inspires you the most?

Writing comes naturally as a self-fulfilling and uplifting activity. I write when I want to write. I don't push it. I read, I listen to music and have other hobbies like travelling and hogging at street shops and writing about the level of satisfaction is more like detox/ meditation for me.

Q: Do you try more to be original or to deliver to readers what they want?

To be honest, as I said earlier, Writing is more of a self-fulfilment activity for me. I write cause I love writing. I don't push it. So, what I write here is original. You will not see this on any other platform. It's upto the readers how do they take my perspective or be in my shoes and see the world through my lens, which is exactly the idea of writing and expressing oneself.

Q: How do you feel being an author?

Liberated. I was in turf with myself earlier cause I didn't know if I could do anything or not. I beat myself up day and night. I believe a lot of people do that before actually realizing the true potential in them. Today, even my brain seizes, my hands don't.

Q: What are common traps for aspiring writers?

While writing as I suggested, keep asking for feedback, keep building upon the story, characters. Never be bland about your own brand. You are what you write at the end of the day. People out there, they are not looking for your story, they are only looking for an effective business plan. If your book sells, the companies, reviewers going to come from left, right and center.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

Absolutely they can be a writer. They can write upon this very feeling of what they feel when something terrible around them happens, or what if something really good happens. Sometimes, we don't need to feel the emotions strongly. We just need to reflect back, be conscious enough to understand "WHY WE ARE FEELING WHAT WE ARE FEELING".

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

For Poetry, I don't know, it all came naturally. Really. I simply started connecting the dots between my life and what is happening out there and, in a few months, I had a book in my hand. But, it's not an easy job. As a beginner, I wanted to give my best to the readers, so look-wise I changed and played with fonts, book cover, elements, illustrations.

Q: How do you feel about your book being featured in DE MODE?

I'm honoured to be featured in this magazine. Being a global magazine, when DE MODE reached out to me, I thought it was a joke or something. But keeping this apart, I'm really grateful to the editorial team who made this happen. Thanks for featuring me.

ANJUTHA RANGANATHAN

My journey as an author has not been a cakewalk. It is a long journey of ups and downs. Honestly, when I started writing, I had never imagined becoming an author. There were many times, I completely thought of giving up and never write again. But only later I realized, that it's normal for every writer to feel this way; to have the "Writer's block." So I started to embrace my imperfections slowly and started to gear up the confidence to write more and more. "I wrote when I was sad, I wrote when I felt lonely, I wrote when people pulled me down, I wrote when I was so happy, I wrote when something bothered me...I wrote all of my feelings" and that's how everything started. So, I've been writing since my UG days, but I wrote mostly for my love for writing and to purge my emotions out. Never intended to publish a book back then. I usually shared my writings in my social media handles, where slowly people started to like and support my work. It motivated me to write more. My journey as an author so far and definitely there's a long way ahead. And I'm looking forward to it with all my heart.

AN UNQUENCHABLE EXCESS OF LOVE

BY ANJUTHA R. (BRIEF INTRO)

"Even when you hate them,
You can't deny the fact that
The hate in itself comes from
An Unquenchable Excess of Love."

Love, a four-letter word that rules the world, is the ultimate source of immense pleasure as well as the deepest pain. It creates magic as well as havoc. This collection of poems looks at love from every angle, to paint an honest and beautiful image of what it means to fall in love.

Let's take life as it is. We are all humans and love is inevitable to us. 'The Falling', 'The Breaking' and 'The Healing' is what's supposed to happen to us. Otherwise, if lucky, we only fall in love and forever.

An Unquenchable Excess of Love is for someone who has loved so passionately and has faced tremendous destruction by it and ultimately grown, become wise and shone out of it.

Available on: amazon | **Rating: 4.7/5**

"An Unquenchable Excess of Love" is my debut poetry book and a dream come true. I had never imagined that people would be showering their love and support so much on my book. And when a random person texts me and says, they loved the book, it's an epitome of a modern poetry book, please release the next book soon, etc-- It feels so grateful and blessed and beyond the world."

INTERVIEW WITH AUTHOR ANJUTHA RANGANATHAN

Q: Is writing your passion or emotion?

I have a huge fascination for words. And writing is something I would call-- both my passion & emotion. It is something I love to the moon and back. Nothing can heal a soul like writing something that I innately believe in. It is my passion, emotion, an unyielding calling and my rescue.

Q: What was that final or provoking thought that made you write your first book?

I started writing about 5–6 years back. Initially, I wrote for the love of writing and to purge my emotions out. Never thought of publishing a book back then. Initially, I shared my writings in my social media handles. But slowly, when people started to like my work, I gained some confidence so I felt that my writings should be read by a larger audience and the contemporary poet's books inspired me to publish my own book. So I had a fancy of publishing a book by the age 25. And it all happened.

Q: How does writing brings out the best in you?

Writing is what my heart talks through my ink. So definitely it brings out the best in me. I see myself in writing. It's a conglomeration of my thoughts, personality, emotions etc. It makes me a better person every day.

Q: Do you believe in awards or rewards?

I usually don't believe in these judgements. But Sometimes, I feel it's worth it, as it motivates us truly to write more. It's more of recognition for an artist.

Q: How can you bring up a change in the literature world?

By talking about the global crisis, common sufferings, human emotions, trauma, by simply writing for a cause, by breaking the stereotypes and the taboos, mostly write from the heart. Today, everything has become digitalized, people don't read hefty books anymore, they prefer to flip or scroll through light & short read. They need positivity, simple words, there needs to be a shift in the Literature of today. It is blindly followed by tradition. It needs some change.

Q: What is your favorite Quote?

"What the imagination seizes as beauty must be truth" – John Keats

Q: How does writing inspires you the most?

As the quote goes: "Pen is mightier than the sword". Writing inspires me the most 'cause it is something from my heart. It talks and purges my heart out. I see writing as a tool to change the world. Writing truly inspires me to bring in a change to the society. Not everyone gets this power. I truly feel writing is a blessing, I wish to use it properly to inspire many.

Q: Do you try more to be original or to deliver to readers what they want?

First, I try to be original, to write from my heart. But sometimes, to be honest, I feel I should deliver what the readers want too. For example, if I should write from my heart, I can keep on writing about stuff which personally affects me like love. Sometimes, I think, readers would get bored by love or subjectivity. So I try to write about common needs, what readers would enjoy. I'm working on it to balance both.

Q: How do you feel being an author?

Feels amazing, busy & responsible all at the same time.

Q: Do you think someone could be a writer if they don't feel emotions strongly? What kind of research do you do, and how long do you spend researching before beginning a book?

Any piece of writing is an emotion. I don't think someone can be a writer if they don't feel emotions strongly. As I told before, writing is letting strong emotions out. People can write without strong emotions, but it won't be much appealing. It won't talk to us. In my first book, I researched mainly about the publishing house, how it works, and about the expense, and things. And searched for good images, cover design, how a poetry book should look like and etc.

Q: What are common traps for aspiring writers?

Common traps for aspiring writers would include, copying one particular writer or style just cause they are famous instead of following their own style. I.e. Being unique. Getting lured to participate in many anthologies, instead, they can self publish their work solely by them. To publish a book in a rush, without proper consideration & plan.

Q: Do you have any upcoming book? What is it about?

I'm planning to write a self-help book solely based on motivation. Cause today, many people are depressed and don't have the right motivation to go about in life. Also, planning to write a sequel or another poetry book based on love or life in general.

Q: How do you feel about your book being featured in DE MODE?

I feel extremely delighted and proud to get featured in one of the prestigious magazine "DE MODE" because as a debutant, these little recognitions really means a lot. And when I was a kid, I always fantasized to get featured in such magazines so now it feels like a dream come true. Thank you from the bottom of my heart for this amazing opportunity and recognition. @demode

VIJAYALAKSHMI

Vijayalakshmi (Viji) is a passionate writer whose passions revolve around a variety of topics involving nature, human relation, love etc. The author has gone extraordinary miles to pen down her thoughts to words which you can feel in her book "Musings and me". Viji is a woman of many hats. Apart from writing she spends her time in art, singing, cooking and house decor. She is the proud mother of a 3-year-old girl whom she cherishes above her writing. Despite being an engineering graduate she wanted to pursue her childhood dreams of becoming a writer. She is greatly inspired by her mother to follow her dreams. According to her writing is a mix of emotions and art which makes her feel next to god in terms of creativity and the words she pens downs should make the readers feel their uncharted emotions. Everyone in their life has a hard phase, but the author chose writing as a way to overcome it. Writing is the hat she had chosen to prove to the world that nothing in life can bring you down. Her passion for writing can be seen in her book"Musings and Me" which talks about life, humanity and emotions. She takes out the inspiration for writing from her day to day life. The author is more inspired by human behaviour and relationships which is more evident in her works.

MY MUSINGS & ME:
A BOOK BY VIJI (BRIEF INTRO)

This book contains the life work of Vijayalakshmi Sundar, she dedicates her whole life to her writings and her family and this book is a collection all her works yet.

MY MUSINGS AND ME - A Scribbled Tale will take you on the journey of a women's life via the road of literature and arts. A women's life from her birth and love for her mother to being a mother herself is not pretty much easy yet beautiful in its own way and this book is an attempt by the author to express it all. This beautiful and inspiring book contains some beautiful poetry covering the different context of her life, basically about all women's lives and also some quotes and thoughts that we muse about all day long. Index of this book is ranging to the number 57 containing poems, one-liners and quotes referred to as musing which will make you smile sometimes even cry and wonder about life. It will change your perspective towards life, if you've lived through it you'll smile and gather your moments and if you don't you'll start living it.

Available on: amazon | **Rating: 4.0/5**

"You'll learn a lot about life from it, more than even a self-help book because here you'll walk with someone who has already walked through life and this will make you feel alive and happy."My Musings And Me" is the among the best 10 books DE MODE recommends to read this 2021."

INTERVIEW WITH AUTHOR VIJAYALAKSHMI

Q: Is writing your passion or emotion?

Writing is my passion but without emotion, it cannot be soulful. Emotions make the writing soulful. I want my readers to go through the same kind of emotions which I felt while I was writing. But I have to admit that penning down emotions is difficult to part of writing, finding the right words to express the feelings makes the writing hard, but I enjoy it part of my writing.

Q: What was that final or provoking thought that made you write your first book?

Everyone faces hardship in their life at one point, either it breaks them or makes them achieve something by channelling their thoughts into something. I felt the same hardship in my life whichprovoked me to write. People nowadays go through lots of stress and emotions, I felt let me pen down how I overcame these hardships through my writing. There is always a moment in your life which decides which path to choose better to choose the right one. I love the words of Robert Frost Poem "Two Roads diverged in the yellow word", choosing your path is hard but I chose my path as writing to overcomemy problems,hardships.

Q: How does writing brings out the best in you?

Writing is of two types, one to catch the readerships or penning down your thoughts. I wanted to make my thoughts into words and it brings out the truth in me. Being truthful is always hard but my writing helps me and reminds me to be truthful always. And writing always makes me improve myself and excel in what I do. And I want to say it makes me a lot happier.

Q: Do you believe in awards or rewards?

Rewards, Appreciation is always close to heart and it motivates me to the next level. My best award would be my readers who can connect with my thoughts through my writing. If I can achieve that I would really feel happy as an Author. There is no better rewards than your fans or readers.

Q: How does writing inspires you the most?

Writing gives me the freedom to express unspoken and hard truths in life. It gives me the inspiration to pen down the truth and hardships. Most of all human relationships, behaviour and Emotions inspire me the most. I am an adamant lover of human psychology which is one of my favourite subjects too. Of all the things known, I feel the human emotions are complex and it inspires me a lot to write it down in words.

Q: Do you try more to be original or to deliver to readers what they want?

I always wanted to be original and you can see that from my work.

Q: What is your favorite Quote?

None other than my own writing, Success is the best revenge which is best served through your achievement.

Q: For you what is the meaning of being a writer?

It brings out the creativity in you. I would rephrase this question as what is the meaning of being a women writer, Women has lots of responsibilities. Their day starts before all in the home and ends after all in the home in midst of all those household chores and finding time to follow your dream gives the greatest meaning to life. I feel it gives me a title as "writer/Author" other than being Mom/ wife/ Daughter.

Q: How do you feel being an author?

Feels me next to god in terms of creativity, I can create my own world with my pen. It gives me the ability to create a sense of meaningfulness of life to my readers. I feel an author is just like an artist who can create colours in the minds of people through words. it gives people the ability of people to get into my world of creation.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

Emotions bring soul to writing, so I strongly believe emotions isneeded to be a writer.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

I take inspirations from humans, people and nature around you are theinspiration for me.

Q: How do you feel about your book being featured in DE MODE?

Feeling excited. Never believed in miracle until it happens to you, I believe in a miracle right now for my work getting published in DE MODE. Thanks to the Team.

WINNING YOUR DEMONS

BY SONAL S. (BRIEF INTRO)

With failed expectations in success and relationships of people, Sonal found herself drifting in thoughts of situations that could branch out cracks in persistence, determination, and loyalty to our thoughts. The negative perceptions compelled her to flip the coin and explore how they can encourage us to chase our passion. 'Winning Your Demons' emphasises on how we tend to get tangled in soul-dampening thoughts, which impacts our emotions and eventually blocks the progress toward success and determination. With this, we often feel scattered mentally and struggle to juggle between too many problems of life. The book encourages readers to find their determination and be persistent to achieve success and progress in their life. It highlights how one can transform their negative emotions into positive ones and channel them to achieve our short and long-term goals. The book delves in the relationship of inner growth of the mind and soul with respect to the outer growth and progress in the world.

SONAL SRIVASTAVA

Without the taste of struggle, success means nothing, says Sonal. She sees herself as a harbinger of tales and poems garnered with hopes, dusted with positivity, and peppered with self-confidence to overcome the emotional lows that life often throws at us. The author of 'Winning Your Demons,' and the face of Caroling Pen Publishing, Sonal Srivastava aspires to be a self-made woman and help her readers fight their inner-demons. She is a lady with wings that seek untouched heights to attain the depths of her passion and dismisses the bounds of incapabilities. With the outbreak of COVID-19pandemic and worldwide lockdown, she has utilized her time to follow her passion and write poems. The alumnus of Indian Institute of Mass Communication (IIMC), Dhekanalhas learnt to count the romance of uncertainties and determination as to the most certain stepping stone toward progress and success. She believes that words won't tell a tale unless you want them to. Her ventures to the aisles of soul-lifting tales began when her interest in exploring the thoughts of people and their soul-dampening emotions increased. She would often delve in dynamic conversations with people and her friends about different aspects of their lives, and their perspectives and decisions oncomplicated situations. Her monotonous routine, situations of people surrounding her,and her love for Victorian English encourage her to introspect and write. Over threemonths, she realized that her collection of poems had crossed the target of 60. Onsharing some of her poems and thoughts with family and colleagues, she wasencouraged to publish a motivating book.

Available on: amazon | Rating: 5/5

INTERVIEW WITH AUTHOR SONAL SRIVASTAVA

Q: Is writing your passion or emotion?

I see writing as a romance between my passion and the hundred several emotions I experience. I believe that a person would experience several emotions at any point in their life, which would lapse quickly before we experience another one. With so many emotions, or if I may say, a combination of emotions, I see people weaving their stories, of which some are heard and some unheard.

Q: What was that final or provoking thought that made you write your first book?

Depression and helplessness, followed by the thought that no one would understand what a person is going through. No, luckily, I was not experiencing depression. However, I was overwhelmed by hearing stories on failed relationships that were sealed off the shores of nowhere lands, arrested thoughts and emotions succumbing to blocked progress, circles of the ruling king--monotony, jealousy, revenge, self-worth, and failed expectations from oneself, of families, and friends.

Q: How does writing brings out the best in you?

For me, writing is not just a way of expressing or off-loading my thoughts on the paper. It is a healing process that I go through. In fact, it really adds to my mental growth and emotional maturity and helps my mind feel peaceful. I feel motivated when I am able to write words worth a delightful read. Not just motivation, it really pushes my mental bounds compelling me to think beyond what is known, and feeds my curiosity to conduct research on various aspects.

Q: Do you believe in awards and rewards?

Yes, definitely. For a writer to go through various emotions and pen down words that are often inspired by personal experiences, and express accurately what their mind speaks is not easy. Moreover, despite reaching the writer's block, authors often weigh strong words before they confirm their compilation to their publishers. I feel that it is a very bold move to be able to share your perception and tell the world of the stories you have penned down.

Q: How can you bring up a change in the literature world?

In my opinion, literature has been one-sided and has highlighted stories that are clung to particular genres and aspects of life, such as the hunt for real love, understanding the point of life, and rambles of our lives and journeys. I aspire to write and make an impact on my readers and their perspectives positively. I love to explore the details of every element that shapes my stories and bring them to life. I feel my work could bring diversity and offer thoughts that could widen the perspectives and boundaries of thoughts in my readers for the better.

Q: What is your favorite Quote?

It is not in the stars to hold our destiny but in ourselves. -William Shakespeare

Q: For you what is the meaning of being a writer?

Don't we all love eating cakes of different flavours? I feel that this question really equates to the question I have posed. I strongly feel that writing as a form of expression is a healing process. The role of a writer is beyond an entertainer, a teacher, a mentor, and an artist. Being a writer means being ourselves, and not categorizing our skills.

Q: How does writing inspire you the most?

I believe that if I would rather write, I would write a success story to awaken soul-inspiring thoughts in the mind of my readers and myself. Writing flirts with a thousand thoughts stringed to the brain and heart. I feel writing is like a meditation for me. It not only disciplines my thoughts and helps me in making the right decisions but also helps in getting clarity on certainaspects of life.

Q: What are the common traps for aspiring authors?

The beauty of achieving success on this path are the battles with factors that add to a writer's block. Besides this, I find it hard to accurately express my ideas and perceptions in words, at times, and the best of words do not resonate or imply what I intend to convey. This gets frustrating, as it pauses my progress while writing.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

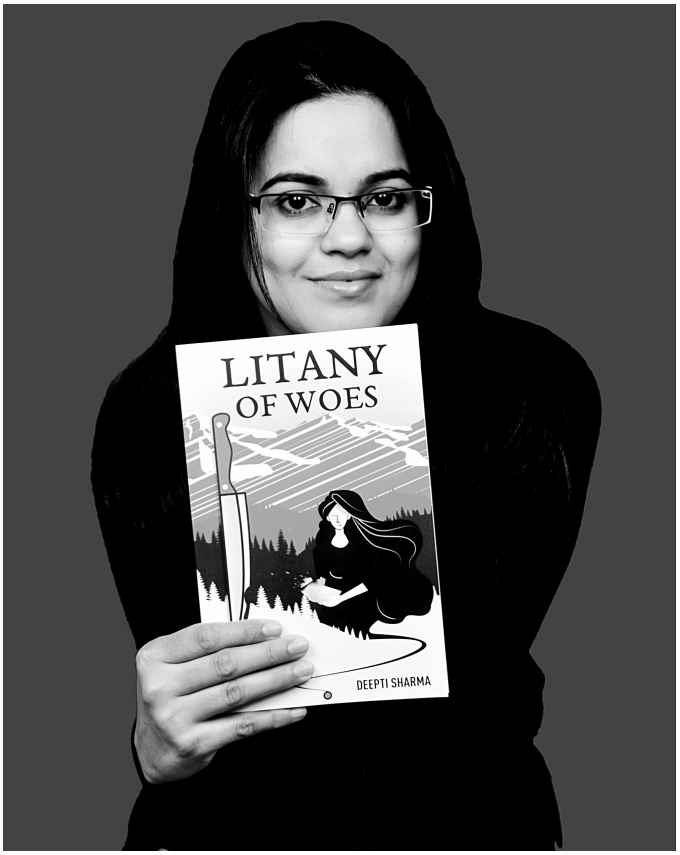
Firstly, I dismiss the fact that without emotions one can pen down an inspiring tale. The difference between believers and nonbelievers of emotions is that some like to either express their emotions or accept them more openly whereas some people do not express their emotions or escape from them in any way possible. We are all humans, and besides flesh and blood, what makes us humans is our thoughts provoked from emotions. Emotions are our only way to express and define the existence of life.

Q: Do you have any upcoming books? What is it about?

Yes, I am currently working on a book, Yodha of Our Times. The book challenges the concept of heroism and highlights the unsung heroes of our society that could inspireencouragement among readers.

Q: How do you feel about your book being featured in DE MODE?

Highly inspired and motivated.



LITANY OF WOES

BY DEEPTI S. (BRIEF INTRO)

Every teenager thinks they will lead a better life than their parents. Nida is no different. Coming from a broken marriage, she dreams to spend her life in the arms of her lover. The reality, however, has other plans for her. As she goes through different phases in her life, she encounters various heart-wrenching experiences along the way; all in her journey to be a rebellious author. Turning to comfort in everyone she meets, trying to cope up with the betrayals of her most trusted friends, Nida understands what it means to be independent when it's her against the world.

From the late-night escapades with her boyfriend in the chills of Shimla to attending her mother's wedding, to write about all the outrageous books, to adopt an orphan child; join Nida in Litany of Woes as she searches for love in all forms and to the realization that it is indeed just a word after all.

Teenager - a phase where's everything temporary, experimental, and full of curiosity. Things either turn over the top amazing or extremely worse. This story is of such a teenage girl who had seen the worse. It's an emotional roller-coaster. The book is a good attempt of the author in bringing many societal unjust norms into the limelight. The storyline is interesting but the way it was executed could have been better. The writing style was good and connecting but lacked the gripping narration - which makes the reader hooked to the book. It felt a bit off and stretched at moments. The plot was good. Some incidents are beautifully portrayed. The character development was nicely done. - a reviewer wrote.

DEEPTI SHARMA

Deepti Sharma is a fiery assortment of languages, colours, cultures and all things eccentric. Having donned many hats, this is her first as an author and Litany of Woes is her first book. She is a full-time Math trainer for GRE, GMAT & SAT. She aspires to create raw, crafty and authentic content through her books and the Indian film & television industry. Sharma hails from Jaipur, Rajasthan, where she lives with her family, her parents and two younger siblings. It's her literature-oriented upbringing she regards instrumental in her journey. Her favourite authors are Ruskin Bond Sadat Hasan Manto, Khaled Hosseini, Jhumpa Lahiri & Mirza Ghalib. She loves to teach, read books, write, learn languages and play guitar!

Deepti's writing is a mix of her intuition, observation and imagination. Startled by a sight, intrigued over a piece of melody, delighted over a scrumptious meal; a funny conversation, a nightmare, a bare thought, a newly learnt word, anything could trigger a writing idea. Everything becomes pretty much the part and parcel of writing once you begin with, including your personal sorrows and pain. The writer is always at work.

Available on: amazon | Rating: 4.2/5

INTERVIEW WITH AUTHOR DEEPTI SHARMA

Q: Is writing your passion or emotion?

It's difficult to differentiate at sixteen! What made me pick a pen one day and write..it could've been either or maybe I was just dreamy-eyed. I think it was mostly my intuition. To articulate it today, yes! it is my passion for emotions are fickle creatures. One moment they might pump you up to write and to drop the idea the very next. Passion is what sustains that first spark in you and your writing.

Q: What was that final or provoking thought that made you write your first book?

My parents are both avid readers and beautiful writers. It was natural for that magic to rub off on my siblings and me. The rest I owe to Anne Frank. Reading The Diary of a Young Girl and I knew this was it. I have not let a day go without writing since.

Have you ever woken up on a Sunday morning with a sinking feeling about how climate change is for real and the world might end soon? Well, that's just how this book sprouted in my head. I had just resigned from my job and was on the first flight home. My fears, vulnerabilities, nation wars, rapes, global migration, almost everything seemed running parallel in the same time frame. And I knew I wanted to write about it all. Not preach of course but write and hence fiction. I love how the book has turned out to be.

Q: How does writing brings out the best in you?

What's better than doing what you love doing. If you can't enjoy that doing, it is going to take a toll on your health, both physical and mental. Why be in a dead-end like that? Writing is my secret annexe and I am ecstatic to have made it as a writer.

Q: Do you believe in awards or rewards?

We've always had walls and racks and rooms adorned with trophies and accolades in our house (perks of being raised by two extraordinary, overachieving individuals) and as great as an award could be for a quick self-esteem and ego boost it could be a healthy reinforcement too. But not everybody is going to acknowledge and admire our efforts every time. So awards or no awards, you have to learn to continue unfazed.

Q: What is your favorite Quote?

"I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they're you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together." – Marilyn Monroe

Q: How can you bring up a change in the literature world?

As an author, by writing what I really intend to and not only what would sell; by not compromising my creativity or intent over the profit math; by making brave choices in genre and writing style so that people aren't afraid of taking risks; by openly acknowledging the hardships and demands of the profession so no one feels betrayed when offered a reality check and most importantly by embracing criticism with just as ease as praise, having a room for dissent and differences. Imagine how much room we will have have for our growth then, wow.

Q: Do you have any upcoming book? What is it about?

Oh yes my second book titled Fake Posh is in publication. It's a short story collection. I can't reveal much yet but four quirky, contemporary, slice-of-life-tales with the quinte--ssential tangy relevance to them. I had so much fun writing this one and frankly am more excited than nervous this time.

Q: Do you try more to be original or to deliver to readers what they want?

Original. As an artist it is of utmost importance that you feel confident in your craft otherwise comparisons and your own insecurities will devour both the art and artist within you.

Q: How do you feel about your book being featured in DE MODE?

Ah, you ask! I am on cloud eleven. Imagine someone might want to become a writer just reading this interview. It's crazy. The love and praise that my book has garnered since the beginning has been too overwhelming to process it all and now the feature oh! My words fail me here. I am so delighted I feel deluded.

R.V. DADHE

Rhushikesh Dadhe is the author and publisher of the books "Accidentally Educated" and "The Purpose". Pen named as R. V. Dadhe, the ingenious author, published his first book at the age of 21. A market researcher by day and a novelist by night, Dadhe is a full-time storyteller and a freelance publishing consultant for aspiring authors.

He was among the 25 scholars from India to get selected for the OIN Student Exchange Program during graduation. Accidentally Educated, his recent book, is based on the experience of the exchange semester in Canada where he comprehended the importance of financial know-how in daily life. Penned in a light-hearted and humorous way, this book is a must-read for all young adults.

Dadhe believes that it is a privilege to have the freedom to live your life as you want, and one must earn it. He understands the importance of education and technology in one's life and runs his very own NGO called 'Pune Student's Initiate of Helping Hands' to help children and many others who don't have enough means and easy access to these facilities. He is a strong proponent of education for learning, not just earning. He hopes to inspire people to pursuetheir passion.

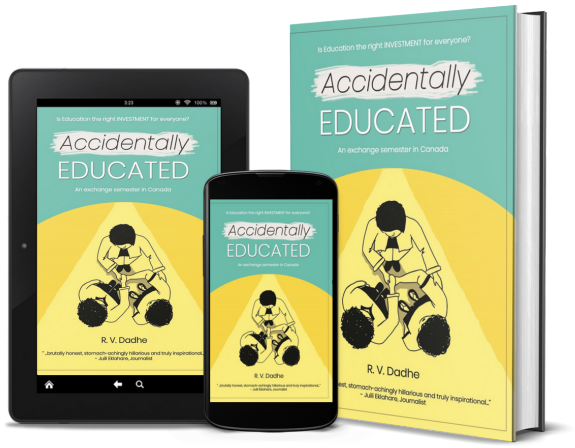
Pampered by an over-caring mother, guided by a spiritual father, and supported by an elder brother, Dadhe lives in Pune with his family. He is a hard-core Punekar and a German language enthusiast with various certifications from Goethe Institute in Pune.

Accidentally EDUCATED

BY R.V. DADHE (BRIEF INTRO)

Set in contemporary Canada, Accidentally Educated, a fictional novel by R.V. Dadhe, follows the lives of three childhood friends who get selected for the Ontario India Exchange Program (OIN) at a Canadian University. As they brace themselves for some life-changing experiences in liberal university culture, the odds are stacked against them. These young men navigate various challenges as their deeply rooted perspective towards education evolves

The novel is peppered with all the fun stuff of college life. Well-constructed with a captivating plot, every bit of 'Accidentally Educated' is as entertaining as it is inspiring. Humorous, relatable, and narrated in a very lucid language, this phenomenal book is a must-read for all young adults. The book is a mirror to all that is wrong with the education system which no longer focuses on learning but only earning. It emphasizes the lack of financialeducation at the school level.



Available on: amazon | **Rating: 4.2/5**

This eye-opening and stimulating book is already fast-selling with the first hundred copies being sold within 2 days of its release. The book has been restocked. If you love fictions don't miss this fun-packed book.

INTERVIEW WITH AUTHOR R.V. DADHE

Q: Is writing your passion or emotion?

Passion, for sure.

Q: How does writing brings out the best in you?

Writing is like meditation for me. It makes me introspect a lot. I am extremely involved, almost in a different zone, as I work upon different topics and themes. Writing is my passion, and a man is at his best, when he does something with passion.

Q: What was that final or provoking thought that made you write your first book?

I was in my final year of B.Tech when my first book got published. I was working on the college's magazine and had to write a 500-word article on a related topic. As I started exploring it, the theme just clicked with me. I kept on finding new inspiration. I deep-dived into it so much that the article became a blog over a month and a novella over the year. It just happened like a daydream.

Q: How does writing bring out the best in you?

Writing is like meditation for me. It makes me introspect a lot. I am extremely involved, almost in a different zone, as I work upon different topics and themes. Writing is my passion, and a man is at his best, when he does something with passion.

Q: Do you believe in awards or rewards?

Yes, I think rewards are likely to pump up the motivation. They inspire a person to work harder.

Q: Do you try more to be original or to deliver to readers what they want?

I try to have a mix of both. It is not mutually exclusive.

Q: What is your favorite Quote?

It's from the movie Inglorious Bastards. It goes - "Meine Ehre heisst Treue" which translates as "My honour is Loyalty." I uphold loyalty as a virtue above anything else, and expect the same from other people in life.

Q: How can you bring a change in the literature world?

As an author, I hope to engage, inspire and entertain people across the world by telling meaningful stories. I want to make a positive impact on the reader's mind, and inspire them.

As a publishing consultant, I want to empower aspiring authors to take up writing as a full-time career by educating them around the nuances of the literature industry, and effective ways of publishing their work. I want to make authors more self-reliant and make writing a financially viable vocation for everyone.

Q: For you, what is the meaning of being a writer?

Simply put, it is my ikigai - the purpose of my life.

Q: How does writing inspire you the most?

When I look at my writing over a period of time, I realise how much I have grown not only as an author but also as a person. The choice of words, the maturity of content and the style of writing have improved a lot over time. Seeing yourself develop so much is one of the most inspiring aspects of writing.

Q: What are common traps for aspiring writers?

Some of the self/vanity publishing houses are a big trap themselves. New authors are likely to sell the soul of their book to such publishers for peanut royalties. Most authors don't know the publishing process and the fact that with a little extra effort, it is possible to earn really well from writing books.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

Yes. Writing, especially fiction, comes mainly from creativity. Anyone, who is creative enough to think, can write without feeling strongly associated with the theme. But emotions do help, no debate over there.

Q: How do you feel being an author?

I feel empowered and confident. It's almost a super-power to be able to structure and articulate thoughts in a coherent manner. I feel that I am able to express myself effectively through my writing.

Q: How do you feel about your book being featured in DE MODE?

I am grateful and humbled

For further information, please contact:
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BOBANGA BHIM

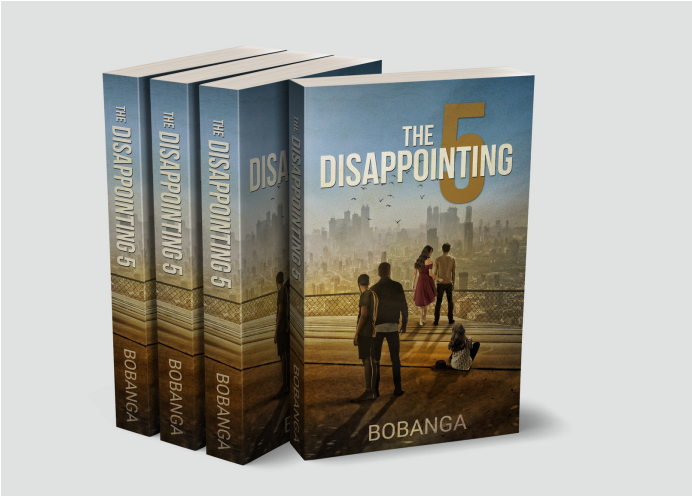
Bobanga was born in a small mining town of Barbil in Odisha. Throughout his life, he has constantly moved from one place to another, courtesy of his father who had an All-India transferable job. As such, he never found himself belonging to a particular place or be able to make a lot of friends. But he did learn to find solace in his own world of imagination. He would star in his own imaginary episode of Shaktiman. He would become the forgotten hero of Mahabharata who decimated the enemy lines and single-handedly brought the war to an end. He would become the latest superhero to fight alongside other Indian superheroes like Parmaanu, Naagraj, Shakti, and Doga.

His debut novel, 'The Disappointing 5' marks the beginning of his literary journey. There are way too many stories for him to tell and he is already in the process of writing his upcoming novels. His ambition is to create a universe of his own, where all his stories collide and interact with each other. But consistent with his nature, he refuses to be restricted to a particular genre. He may have started with a book centred around young adults, but his next book could be a thriller, or a supernatural, or a horror book. There is no telling what theme he may write next on, for uncertainty and spontaneity is the only way of life he has ever known.

THE DISAPPOINTING 5

BY BOBANGA BHIM (BRIEF INTRO)

The 'Disappointing 5' is a story of 5 teenagers who have finally entered their 12th grade. Akash Malhotra is the friendly neighbourhood...scratch that, he is not friendly. He hates his life, hates people, and hates where his life is going. There are only very few who can tolerate his cold dead eyes. One of them being Dhruv Kapoor, his childhood best friend and his partner in crime. Dhruv is also notorious for his bullying. He prefers to swing first and think later. Crossing his path, pissing him off, or messing with whom he considers friends are genuine health hazards. The final person to complete their trio of friendship is Sunayna Mahapatra. She is the sole force that has been saving their behinds from failing miserably. She is their mother-from-the-other-mother, who helps them with their homework, revision for their exams, and also helps them escape the wrath of their teachers whenever they get into trouble. However, Akash and Dhruv are probably the only ones who like her because she is known as the 'snitch', or the 'teacher's pet'.



Available on: amazon | Rating: 4/5

This book is reality fictionalized that highlights various contemporary issues that haunt many young adults of the Indian society. This book provides an unfiltered depiction of some of those issues such as depression, bullying, teenage pregnancy, suicide attempts, and the question of homosexuality.

INTERVIEW WITH AUTHOR BOBANGA BHIM

Q: Is writing your passion or emotion?

I would say that reading is my passion, but writing is my emotion. Most often my writings are expressions of what I feel about various subject matters of our lives and our society. My writings are always connected to a sense of emotion, whether it be happy, sad, joy, anger etc.

Q: How does writing brings out the best in you?

Writing is my way of creating my imaginary world. There are so many things I think about, whether it be social issues, political issues, or just about history, fantasy etc. Writing helps me create a world where I can bring them together and live out a fantasy that I could never otherwise. Through writing, I could give a happy ending to a horrifying reality, or just escape into the world of dungeons and dragons.

Q: What was that final or provoking thought that made you write your first book?

It was a time when I was desperately searching for a young-adult book based in India, that could inspire and motivate me when I was at one of the lowest points in my life. Frustrated, I decided right then and there to pen my own book! Now in retrospect, I find it silly how I never thought about consider writing before and how my motivation came from a place of frustration and anger.

Q: Do you believe in awards or rewards?

Oh, I most definitely do! But I am not talking about awards like literary awards or those that include trophies. I do think awards and rewards are important for motivation, but what constitutes such rewards or awards can be subjective. For some, the satisfaction that they have written a book and have it published is a reward in itself.

Q: How can you bring up a change in the literature world?

There are so many things that we keep silent about, especially in Indian literature. We may think that such issues don't concern our society, but that is fast changing in this globalized world. I want to focus on such topics that are long ignored, such as openly talking about single parenthood, not believing in the institution of marriage, rejecting heteronormativity, pursuing an academic path we are passionate about etc.

Q: What is your favorite Quote?

Do Your Best, And The Rest Will Follow.

Q: For you, what is the meaning of being a writer?

To me, a good writer is someone who can use words and sentences as effective tools to manipulate the emotions of readers. To me, a good writer is someone who creates sentences, phrases, and sets the tone of the book in a way that amplifies the emotional experience of the story.

Q: How does writing inspire you the most?

There is something about writing that just makes things more passionate. The emotions that we feel when reading a book can be far more prolonged and intense than if shown as a movie.

Q: What are common traps for aspiring writers?

Only thinking about writing. As a personal or passion project, just focusing on writing can be fine. But if someone truly wants to be a successful author, they also must think like an entrepreneur or a businessman. The work does not end once the story is complete. Rather, the real struggle for an author begins after the completion of the book. Writing a book and making sure the book reaches its readers require completely different sets of skills that an author must learn and master.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

I think understanding emotions is key to writing success stories. It is not just about expressing emotions in the book or writing deep emotional characters. Some genres, like a thriller, can get away with not having emotions as a strong element of the story. However, even those genres need to learn how to manipulate and influence the emotions of readers. What's the point of writing a thriller or a horror if the readers are not thrilled or horrified? Doing so successfully requires an understanding of emotions of readers.

Q: How do you feel about your book being featured in DE MODE?

For a debut author like me, it is quite an honor. I never thought I would be featured in a well-loved magazine as yours, but here I am. So, I am feeling a mix between happy, shocked and denial that it is happening.

CAN YOU LOVE THIS WAY ?

BY SUNAYANA K. (BRIEF INTRO)

People meet, fall in love, make commitments, break commitments, sometimes easy but at times too complicated is their journey of love life, but in the so-called happy ending, they finally meet. That is why they are called “Love Stories”.

But is that all? Can “Love” that is like an ocean on the planet deserves this confined definition for it?

Absolutely Not!

This ocean is wider, limitless, endless, and deep beyond imagination. The novel “Can You Love This Way?” by Sunayana Khandelwal is all about experiencing love from a different perspective.

The sentiments that will melt your heart and the countless emotions you will feel for the extraordinary true love stories of three ordinary women is what “Can You Love This Way?” is all about.

The book was published worldwide on 22nd September 2020. Life is not as easy as it looks. So is of Kaashi, Hunar & Suhanaa.

SUNAYANA KHANDELWAL

Sunayana Khandelwal was born and brought up in Delhi. She is an MBA from IMT Ghaziabad and has gained certification in marketing from IIM Lucknow. She has an interest in working towards constant self-development and strongly practice mastering the 12 categories of life. Her flair for learning more about how we evolve as a person gave her a reason to learn NLP (Neuro-Linguistic Programming). This knowledge has helped her to understand the various perspective of people which also reflects in her writing. Sunayana has a flair for writing since her childhood. She has a FB page as ‘Expressions by SNYN’, where she shares a brief collection of her poetry, expressions, and thoughts.

Sunayana is a debut writer, ‘Can you love this way?’ is her first novel, which is based on the extraordinary true love stories of ordinary women.

Other than writing, Sunayana has an interest in travelling, reading, photography, graphology, and music. She has travelled various beautiful destinations in India, Europe & United Kingdom and her wish list includes travelling to the beautiful North Pole Arctic region and South Pole Antarctic expedition.

Available on: amazon | Rating: 4.1/5

The book ‘Can you love this way?’ is the true story of the unconditional love of three women and the rare path they chose in their life. The path that is less travelled and mostly such paths are travelled alone. But was it the same case with them?

DE MODE recommends you to read this book if you are curious about the real meaning of love in your life.

INTERVIEW WITH AUTHOR SUNAYANA KHANDELWAL

Q: Is writing your passion or emotion?

What I feel anything for which you are passionate about has a deep connection with your emotions. Passion & emotion go hand in hand. I am passionate about writing as it is an expression of emotions. Seldom mine and at times of the people around.

Q: What was that final or provoking thought that made you write your first book?

We are generally too analytical; we do not want to accept people how they are in the first place. We become judgmental. Sometimes we form opinions without understanding the fact that whatever decisions people take, they take it with the best of their ability and knowledge. The book 'Can You Love This Way?' is the expression of accepting those people without being judgmental about them. The thought behind writing this book was the asseveration of 'Receptiveness'.

Q: How does writing brings out the best in you?

What I believe anything that gives voice to our sentiments or emotions, it definitely brings the best out of us. Be it writing, music, dance, or any other form of art of expression. How could I be devoided of it? Writing contributes to enunciate my feelings, and anything where feelings are involved, it is the best and is the most beautiful creation in the cosmos.

Q: How can you bring up a change in the literature world?

We have a rich heritage in literature. A few legendary names being Salman Rushdie, Jhumpa Lahiri, Khushwant Singh, R. K. Narayan, Rabindranath Tagore, Rohinton Mistry, Ruskin Bond, Vikram Seth, Arundhati Roy and the list goes on. In this mammoth milieu, I am just a billionth of a fraction of a dot. To contribute, I will keep writing to the best of my abilities to make our nation proud.

Q: What is your favorite Quote?

This is what I learnt from life and believe, "In this temporary life, do not hanker for permanence."

Q: How does writing inspire you the most?

Any creation for which I put in my sentiments and emotions; I end up falling in love with it. 'Love' is undoubtedly an inspiration for many, let alone me. So that's how writing inspires me the most. Not only this, but it also helps me express my thoughts and ideas which in return gives me a sense of self fulfillment.

Q: For you, what is the meaning of being a writer?

It is a great feeling indeed. I have just begun, and I am privileged and grateful to have loved by my readers and many literary communities.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

Strategically, Yes. Apparently, I was invited to a seminar some months ago, where an acclaimed CA turned Author was telling people how smartly one can become a writer. I was surprised to see his enthusiasm and the way he was telling people not only how to write a book but also to market themselves and their book, I was highly taken aback thinking about the future of this domain. But then, we have all sorts of people on this beautiful planet. But what I feel, writing is an art and art without emotions is like a body without soul - heartless, feelingless, and lifeless.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

It depends on the subject. Since the book is based on true love stories, for my book, 'Can You Love This Way?', I had to meet with people and travel to understand their life experiences. I wanted the readers to visualize the locations and feel the essence of their sentiments. So, for describing a few scenes, I travelled to some places to witness how it would have happened, that what had happened in the past.

Q: Do you have any upcoming book? What is it about?

Yes, at the research stage right now. It is about the changing epoch of courtesan culture in our country. I need to travel for that to some locations but considering the current circumstances, travelling seems difficult.

Q: How do you feel about your book being featured in DE MODE?

I am grateful indeed, getting featured in DE MODE, especially in the "BEST 10 NEW READS FOR 2021" is like the best gift for me in the New Year. I am thankful to DE MODE and the entire team.

RADHIKA KAWLRA SINGH

To the best of my belief, while the universe is handcrafting the process of precipitating providence, just like the rest of you, my spirited inner being is moving forward in a customary momentum. As far back as I recall, I chose to align with a more significant state of awareness, to find resonance with the one greater state of consciousness with much more intensity.

To describe my journey as an author, I would like to bring you to the opening line of my first published book 'It's easy to be YOU' and I quote, "The Aim of this book is to enable you to rediscover the Absolute self so the Universe may become liberated, finding itself released from its inherent desire to know itself fully." This statement, by itself, demonstrates my urge to understand the human realm in me, so I may fully decipher my role attached to the human journey. This quote also indicates that the only way that this universe will complete its journey is when each soul will bring itself into a state of higher awareness - through the choices they make on their trajectory.

Having established my purpose of becoming an author above, the central idea that is explicitly obvious in every book is increasing self-awareness. It also means that each human needs to further their understanding of the intelligent entity that each of them constitutes and requires the tools to manifest that awareness.

Having established my purpose of becoming an author above, the central idea that is explicitly obvious in every book is increasing self-awareness. It also means that each human needs to further their understanding of the intelligent entity that each of them constitutes and requires the tools to manifest that awareness.

Ever since I was a little girl, I didn't need to use my imagination to guide my path. I would know with more certainty if the way felt right vis-à-vis things that felt out of sync. There was either a right feeling or a wrong feeling. It's hard sometimes to use the mind to make decisions - when intuition guides - you have to move all mindfulness out of your way. Yet, that information does not come to you as pockets of descriptive norms. I did not know I would write and publish my work. Becoming an author happened by chance - It just felt right to share the tools and techniques that I use as a therapist in my practice so that people would find it a lot easier to feel healed and in a better place in the safety of being alone.

When I wrote my first book, I worked long days as a therapist; some work with children, some with battered, neglected women, and a large chunk of my time at work was working in a technical capacity with the Indian Olympic athletes. As a result, I was turning down a lot of sessions. The only recurring thoughts I dwelt on were addressing the concerns of all the people I could not take the time out for.

As a first-time author, I was expected to make myself look larger than life to create a fan following and market the book. I was required to create narratives around who I was and what I did with my time. My book was encouraging people to surrender to the divine entity hidden underneath the exterior. If I glamourized myself and appeared as the new guru, I would take away from directing people inward to discover they were their best guides. Writing a book to share your perspective is one thing and marketing the books is another ball game. I have remained conservative in marketing my work and instead have been unconventional and remained insightful in letting my books speak for themselves. This kind of moderate indulgence paved the way for the two books that have been published together in a short period. While the first book took many sittings and ideations, on the contrary, both YOU and YOU WILL BE OKAY, I wrote simultaneously between mid-March and mid-June – with so much more tenacity and inner sureness of word, meaning, and spirit.

My truest belief is that there are no coincidences. The universe perceives each one's projections as symbols of information - that gets embedded if they align with the correct vibrational frequency. The trilogy of 'YOU' books is a simple manifestation of divine occurrence. My first book, published in November 2018 with Bloomsbury Publication India, titled 'It's easy to be YOU,' had three celebrated launches between 2018 and 2019.

BOOKS BY RADHIKA KAWLRA SINGH

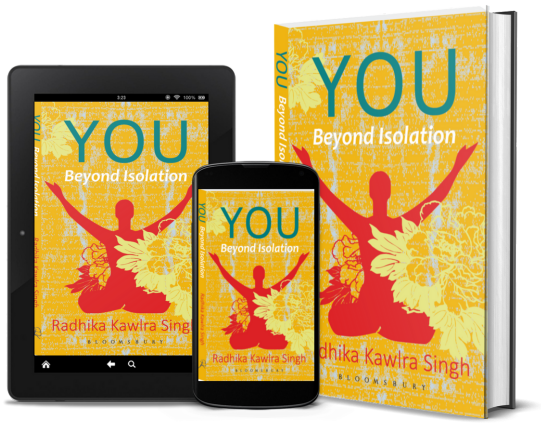
YOU - Beyond Isolation

(BRIEF INTRO)

This remarkable book is a pioneering voice on affirmative thinking - it helps you unlock your subconscious mind's expansive powers to help you cope with the current times. The author unveils both unreliability and reliability by helping you recognize the role that focused attention on a task - can play.

Radhika triggers you to transcend the littleness in things and move onward, feeling unambiguous as you embrace a new kind of melodiousness by becoming sensitive to the needs of others. Given that un-precedented times occupy our every now moment, the book encourages you to re-size your projections using simple mind exercises. As you begin to work through your unknown variables, you spontaneously dismiss your growing vulnerability. The book enables you to move past your current time, employing it to make a shift in your relationship with everything—people, things, perception, ideas, and projections—leaving you with more appreciation for your life and the Universe's journey.

In this exclusive preview, Radhika shares with us some of the most significant perspectives offered in the book: chapter by chapter – as below. Later, when you procure your copy of the book, it will guide you more fully.



Available on: amazon | Rating: 5/5

- Examine your daily thoughts by observing the guiding principles that nature exemplifies through its steady resoluteness.
- Recognise the source of your joy by studying the exceeding concern for the past goals, find real presence in the current and take that mindfulness into the future.
- Assemble the collective good. Until there is no shared learning, there is very little that finds manifestation.
- To witness a collective harmony, maintain consistency in your actions, and more.

YOU - will be okay

(BRIEF INTRO)

'YOU will be Okay: Embracing Social Distancing' creates an inescapable space of personal introspection. It takes you through the various processes: first bringing you to acknowledging and anticipate the chaos that is within you and, after that, offering you a detailed methodology to dismiss all known and unknown irrelevance.

The book utilizes the colloquial word 'okay' repeatedly - to direct the reader to find a greater connection with feeling okay. Using this simple technique gradually converts the 'okay' feeling into a robust anchor within you for handling excellent. Thus, the book enables you to feel confident in every way, guiding you to live by a newer kind of courage and fortitude for life. In this stage of troubled existence, Radhika's most honest belief is that when people can resolve their chaos within - they make healthier journeys outwards.

Her writing compels you to bring rationality to the forefront of decision making. While she empowers you with new learnings—you grow into self-knowledge such that the changes you make stay relevant. The process is so thorough that it triggers the most profound faith within. With continuous use of the powerful, affirmative questioning technique, you not only chance upon endless new possibilities of knowing yourself as worthy—you discover a heightened level of good in others as well. This transformation is so thorough because her writing demonstrates her trust in the spirit's strength and deepening its link. Her mission to eliminate the divide between people becomes evident.

In this exclusive preview, Radhika shares with you a particular technique that will help you curate the key takeaway shared through the book, as below. You will be driven to get yourself a copy, so you may use the lessons to guide you towards an unconditional spirit of being.

INTERVIEW WITH AUTHOR RADHIKA KAWLRA SINGH

Q: Is writing your passion or emotion?

Emotions are energy in motion; writing is my passion as it represents a stable engagement with the universal journey!

Q: What was that final or provoking thought that made you write your first book?

My experience in therapy with a considerable number of people of all age groups over two decades helped me conclude that each one has the most significant potential embedded within themselves - to improve their own lives. All they need is a trigger that pushes them to look for the right tools so that they may come into the most extraordinary insight. My first book, 'IT'S EASY TO BE YOU: Unlock the chaos to find your true potential,' empowers each individual to remain in sync with their known wisdom yet feel triggered to grow in self-awareness.

Q: How does writing brings out the best in you?

Writing expands my connection with my firmest beliefs and makes me feel aligned with my soul path. Writing books, articles, and working with the sacred realm of thought and ideation - makes me feel the joy that is unparallel to any other kind of pleasure that any element within the subjective reality births. These feelings demonstrate that having 'the right feeling state' shows up when writing manifests the inner willingness to share perspectives.

Q: How can you bring up a change in the literature world?

My work mimics the spirit's message. It seeks to promote humankind's awareness of themselves to resolve the human dilemma of unrest and disorder. Literary works that represent content that aims to improve the very fabric of humanity are exemplary. My writing is initiating one message alone: look for the more significant good outside of you by first knowing yourself to be the same good you are seeking.

Q: What is your favorite Quote?

"Until you make peace with who you are, you'll never be content with what you have." — Doris Mortman

Q: How does writing inspire you the most?

An author must value something enough and believe in the power of that construct wholly before that work is available for others to invest their time in, and so they may engage with the essence of that writing. Being a writer makes me validate my soul journey, as my hand's content originates from people's shared experiences in therapy with me.

Q: For you, what is the meaning of being a writer?

The pen is mightier than the sword. We step into the material realm to re-invent ourselves and co-create newer realities. Trusting the spirit's inner strength within me has been in my awareness, and writing allows me to anchor that awareness in my subjective reality.

Q: Do you try to be more original or to deliver to readers what they want?

I work from a very technical therapeutic space, even in my writing - just as I do in my sessions. The offered tools are unique, for I have successfully employed them repeatedly, over two decades of being a transpersonal re-trainer and Olympic mind coach over three successive Olympic games. While I effortlessly craft the sentences, the reader needs to make a repeated effort to absorb the material, thus employing more attention.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

I have been doing therapy sessions in a one-on-one capacity for over two decades. The experiences have accumulated over time. The plethora of feelings, emotions, and uncoiling of chaos that each person journeys through creates a lasting impression within my essence. This first-hand study of the subconscious mind functions as a giant case study on the human dilemma and teaches me many lessons that help me sketch the detailed techniques that I draw up and write.

Q: Do you have any upcoming book? What is it about?

Yes, I have a coffee table self-help book that makes use of an aesthetic palette. This book brings alive more mind techniques by utilizing imaginative creatives to share the method. I have also lined up a series of mind-coaching books for athletes since I have been a mental trainer for the top Olympians representing the country over the last three Olympic games. These books will offer a diverse range of cognitive tools that all athletes require to face their ongoing challenges.

Q: How do you feel about your book being featured in DE MODE?

'Obtrusive innocence' are the words that come to my mind when I see your magazine. It promises a prominent wholesomeness, a rare feel-good factor, ingeniously threading content, and aesthetic page after page. I am excited to share my writing with readers who look forward to well-curated information presented with clean visuals. I am delighted that you chose my books, and I am grateful that together we can initiate more people to look within and access a wealth of resources that may have remained oblivious to them.

MuseLAB
design engine

is an end-to-end design studio; creating thoughtful and engaging architecture, interior environments, furniture and products. In 2012 partners ***Huzefa Rangwala*** (Standing) and ***Jasem Pirani*** (on the chair) founded the studio built upon their shared passion for design. Each experience and or product embodies integrity and is created with the same care, skill and attention to detail.

muse.lab

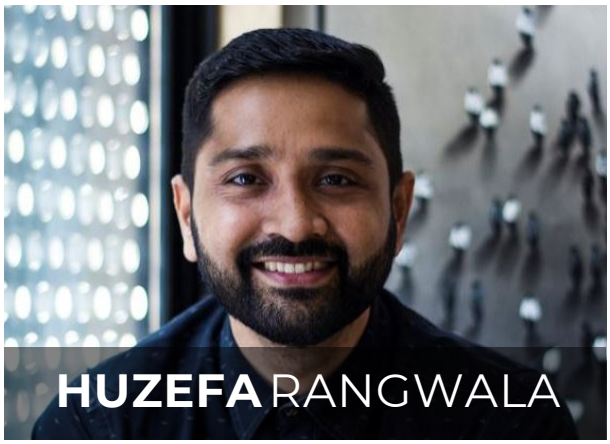
At MuseLAB every challenge is treated as an opportunity which is given careful thought and consideration. They use both intuitive and traditional methods of analysis to identify the tangible and the intangible. By a systematic process of conceptualization, schematic design and design development they look to provide pure and focused experiential design. Each project irrespective of scale and typology is concept-driven and relates to a central narrative. Independent of their projects they like to explore and research materials and design and therefore in 2015 they launched **MuseMART**, a product design division. These self-propelled projects empowered them to embrace the uncomfortable, learn from their failures and nurture their creativity. As a practice, they are continuously seeking to explore, learn and find solutions. In early 2020, they launched **MuseX** our studio's dedicated research arm. Through this conscious effort, they are looking to explore relevant technological tools to be able to adapt to changing environments and deliver unique solutions through collaborations.

They believe design is a constant dialogue between the built and the unbuilt, the inhabitable and the habitable, the realized and the desired. Their approach is often pluralistic where they try to find the balance between diverse thoughts and ideas. The studio is held together by ideas, beliefs and shared humanistic values. They refuse to adhere to any defined set of boundaries. They believe in creating with passion and building on the cultural context for the well being of our society. Whether it is the way in which we respond to challenges; by tailoring our solutions to the quantitative and qualitative requirements.

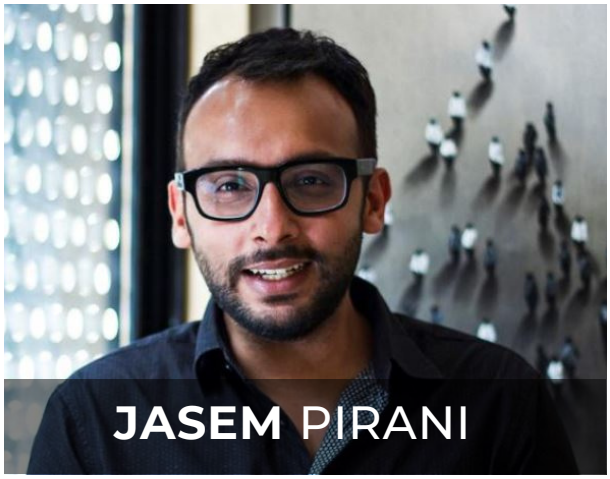
Stories excite them. Through each one of their projects, whether it may be through architecture, interiors or products and furniture they are looking to inspire and share a story.

Visit www.muselab.in today to book an appointment with MuseLAB design team.

Unique Industrial Estate, Unit No. 24, Twin Tower Lane, Prabhadevi, Mumbai – 400 025



- **Director and Co-Founder of MuseLAB, Mumbai (2012 - Current)**
- **Associate, Architect Hafeez Contractor, Mumbai (2009 -2011)**
- **Project Architect, Niles Bolton Associates, Atlanta (2005-2008)**
- **M. Arch, Georgia Institute of Technology, Atlanta (2004 -2005)**
- **Project Architect, Urban Studio India, Mumbai (2003-2004)**
- **Architect, Shakti Parmar and Associates, Mumbai (2002-2003)**
- **G.D. Arch, Academy of Architecture, Mumbai (1997 – 2002)**



- **Director and Co-Founder of MuseLAB, Mumbai (2012)**
- **Project Architect, Pinakin Patel and Associates, Mumbai (2011)**
- **Project Architect, Gensler, New York (2006-2010)**
- **M. Arch, Savannah College of Art and Design, Savannah (2005 -2006)**
- **B. Arch, Savannah College of Art and Design, Savannah (2002 -2005)**

MuseLAB_**Office in a Shed** ▲

MuseLAB_**Gallery** ▲

MuseLAB_**The Confederate Rose** ▲

MuseLAB_**Concrete Outhouse** ◀

MuseLAB_**Cane Crush** ▶

EXCLUSIVE INTERVIEW WITH TEAM MUSELAB

Q: What kind of works in your portfolio are you most proud of and why?

Each project or product, irrespective of scale or budget, receives the same amount of attention in terms of design and detail. So it does not matter if it is a 40-acre resort project in Khadakvasla, a11000sft Villa in Coimbatore, interiors for an Onco clinic in Bombay, prototypes for market-on-wheels and a public toilet or a set of birch ply coasters; we love them all and are proud ofall our works.

Q: What kind of works do you usually prefer?

As designers, we possess a superpower to provide solutions to problems creatively. So all projects which challenge us to think laterally excite us. We do not design out of the box because, for us, the box does not exist. What is important is a visionary client who trusts our design, a brilliant team who works with us and most importantly, an exciting site to build into/upon.

Q: Explain one of your works that required the most technical expertise.

Our vertically MuseX is currently working on 3 interesting projects -an Algal Microforest, a market-on-wheels and a Community Public Toilet. All three critically acclaimed projects have been designed around the parameters of sustainability and have required us to collaborate with experts from various backgrounds to create these paper projects which are in the process of beingprototyped.

Q: What all factors do you prioritize during a project?

It is important for the client to trust us with not just our design but also with our ability to execute the project. Similarly, we should be equally excited about the project brief and the site. Timelines and budgets are big factors to consider. While every client comes to us with their wishlist, we try to edit it to accommodate their needs within realistic budgets.

Q: Which aspect attracts you most in a design? Appeal or practicality?

It is extremely important to design for the end-user. That is more gratifying than simply designing to satisfy one's ego as a designer. Aesthetics can always be a layer that is seamlessly weaved with pragmatism. For us, form always follows function.

Q: If a client asks you to design a room that is visually pleasing and non-practical, how would you react and what would you do?

A client comes to us because we have certain expertise. If a room is designed to be visually pleasing but cannot be used for anything else, then the design is being abused as a tool to create problems (that are appealing to the eyes) rather than solving them. Hence, it is important to educate the client with what is right and what isn't.

Q: Why one should get their home designed by an interior designer?

It is easy to decorate your space. Pinterest and other platforms are great for DIY ideas. However, an interior designer/ architect is trained to have an eye for building services like HVAC, mechanical, electrical, plumbing etc along with preparing BOQs, project bar charts, working drawings and details. Apart from these, the professional also possesses the expertise of quality control to ensure that the collective vision of the client-designer that is created on the drawing board is executed to perfection.

Q: If one wants to renovate their house, how much time does the renovation takes with minimum resources?

This depends on the site, the available resources, the extent of work, the scale of the project. If we consider a 900sft 2BHK apartment in Bombay, it should ideally take minimum 6 months.

Q: If by chance you are behind your schedule, what will you do?

We have four stages in our design to the execution process. If we fall back in one of the stages, we make up for it in the other to ensure overall project timeline stays as is.

Q: What all details one should have with themselves during their first meeting with an interior designer?

- A CAD file of the floor plan or a Site Survey plan.
- Roomwise wishlist
- A mood board of images that indicates the clients' aesthetics
- A budget/ cost per sqft
- Timeline (start and end date of the project)
- An open mind
- Trust

Q: How easy it is for a client to meet you (virtually or physically) & discuss their project?

We can be contacted on our Instagram (@muse.lab) or via email (curious@muselab.in) or on 9820146139.

ON THESE BEAMS, WE CAN BUILD DREAMS

BY PARVATHI S. RAO
PRINCIPAL ARCHITECT, PSR ARCHITECTURE

psr.architecture www.psrarchitecture.com

One of the most rewarding benefits of being a homeowner is the ability and the freedom it offers to renovate the house in a manner of your choice. It provides you with the opportunity to express your individuality and style while also adding value to your property. If a homeowner is looking to either sell or rent the property, a renovation can help to broaden market appeal.

As architects, our endeavour is to help our clients understand the impact that various factors can potentially have on a home renovation and we would like to share them to help prepare you for the journey.

DESIGNING SPACES FOCUSING ON BOTH EMOTIONAL AND PHYSICAL COMFORT

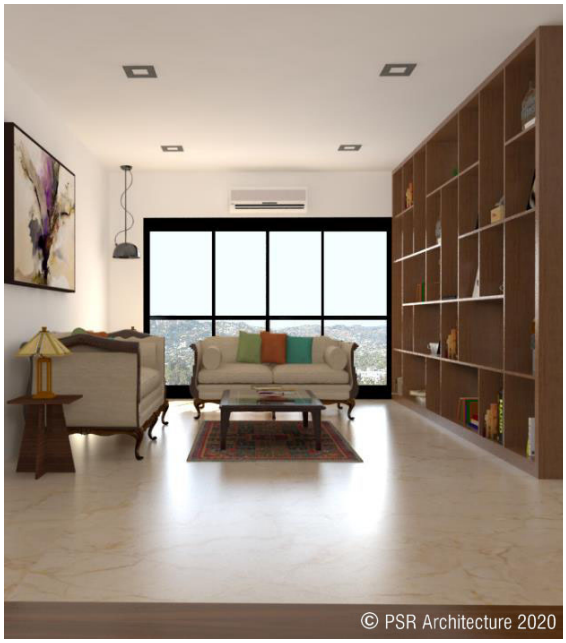
Impact of colour and lighting

Colours can evoke feelings of comfort, can help with creativity and can also stimulate communication. Numerous studies have confirmed the physiological, psychological and visual impact of colors. At PSR

Architecture we suggest to our clients on ways to make space look brighter and more spacious. For example, lighter and cooler colours make space appear larger whereas darker colours make them appear more closed and smaller to the eye.

In conjunction with colours, depending on the function the room serves in the house, we advise our clients on the lighting to be used. Based on our experience, we have found that natural light during the day positively influences the mood and well-being of our clients as well as reducing costs. Certain areas of the house such as the living and dining require a mix of bright ambient as well as focused lighting. Other parts such as in the bedrooms, soft, dim lights may be used to create acalm and relaxed environment.

BEFORE ▲



AFTER ◀

IN THIS RENOVATION PROJECT, WE TRANSFORMED THIS LIVING ROOM TO BRING IN NATURAL LIGHT AND USED LIGHT PAINT COLOURS ON THE WALL AND AMBIENT LIGHTING TO MAKE THE ROOM FEEL SPACIOUS.

BEFORE ▲

AFTER ◀

THE BEDROOM WAS CONVERTED TO ONE WITH PASTEL COLOURED WALLS AND SOFT LIGHTING TO GIVE A SERENE AND PEACEFUL FEEL TO THE SPACE.

HEALTH AND SAFETY

As architects, we are always concerned about the safety and well-being of our clients. It is important to make certain changes to maintain and improve the original structural integrity of a home which can be affected by various factors, for example, weather conditions or the age of the home. We ensure the appropriate alterations are undertaken to address current problems and preempt any future issues that we anticipate may arise.

BEFORE ▲

AFTER ▲

In this house, the structure was damaged due to altering soil conditions which resulted in cracks in the walls and floor and eroded plumbing and electrical lines. We remodelled this home to stabilize the structural framework and replaced the pipes and electrical wiring in addition to redesigning the interior to make it a warm and comfortable space.

SUSTAINABILITY

Prior to your renovation, in consultation with your architect, you might want to incorporate certain features to make your house more eco-friendly. These may include harnessing the natural resources of sunlight and ventilation, installing low-flow showerheads and taps to conserve water, recycling greywater, rainwater harvesting and the use of repurposed wood in order to make your home sustainable and reduce the running costs. Solar panels can be used to deflect direct sunlight in addition to supporting both the lighting and heating of a residence. If possible, windows can be placed parallel to one another facilitating cross ventilation thereby reducing the use of electrical fans. On the northern face, a clerestory window can be incorporated allowing for indirect lighting to enter the home, minimizing the use of artificial light. Passive solar shading such as overhangs and wood trails prevent direct sunlight to enter the home, decreasing the overall temperature in the house.

DIAGRAM SHOWING PASSIVE HEATING, CROSS VENTIALTION AND GROUND WATER RECHARGE

ADAPTABLE LAYOUTS TO MAXIMIZE SPACE

As people are increasingly working from home, designated spaces for a greater number of activities that include, exercising and entertainment may be required. Hosting an array of activity spaces will require a greater degree of flexibility and adaptability. For example, adjustable walls and glass screens can be used in order to transform an open-plan apartment.

VIEW SHOWING SLIDING PANELS AND TEMPORARY WALLS ERECTED TO PARTITION A HOME

HOME OFFICES

With more people working from their apartments and residences, there may be a requirement for either converting a space into a home office or adding one to an existing house. This can be integrated in various ways such as installing a prefabricated outhouse in the backyard or a lightweight structure on the terrace to separate work and home space.

IN THIS PROJECT, WE CONSTRUCTED A HOME OFFICE WHICH WAS A LIGHT WEIGHT STEEL STRUCTURE ON THE TERRACE OF AN EXISTING HOUSE. LARGE SLIDING GLASS DOORS WERE USED TO ALLOW NATURAL LIGHT AND BREEZE, BRIDGING THE CONNECTION BETWEEN THE INSIDE AND OUTSIDE.

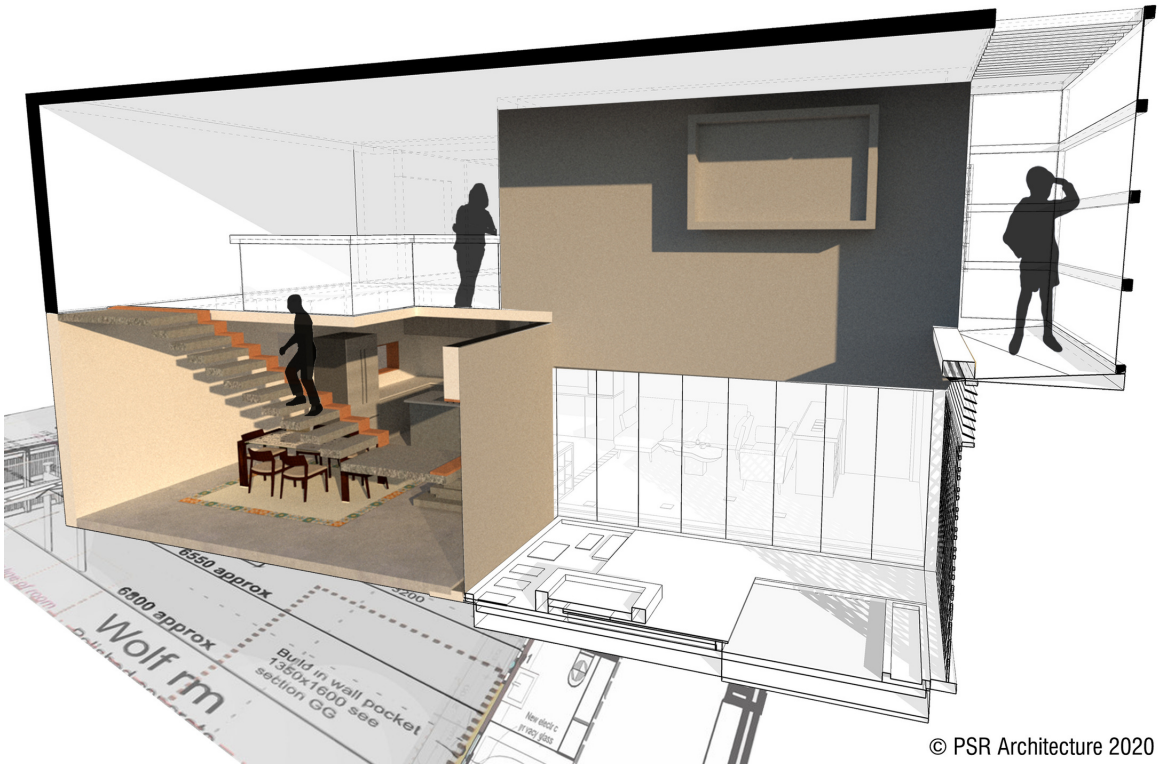
INCORPORATING GREEN SPACES

If you seek a closer connection with the outside and want to create a private outdoor space, landscaped areas can be integrated into even the most compact of homes. Roof gardens, micro backyards, porches and balconies will create breakaway areas from both work and home spaces. Large glass doors can merge the indoors and outdoors providing for a natural way for you to have some respite from work and home activities.

IN THIS HOME RENOVATION, WE CREATED A GREEN COURTYARD WHICH WAS AN EXTENSION TO THE FAMILY ROOM SPACE IN ORDER FOR THE HOME OWNERS TO ENJOY THEIR MORNING COFFEE AS WELL AS TO BE ABLE TO HOST THEIR GUESTS IN THE EVENING.

PREPARING FOR A RENOVATION

Advance planning is integral to a project to ensure it remains on schedule and within budget. We have outlined two planning steps that we have found to be successful in our projects.



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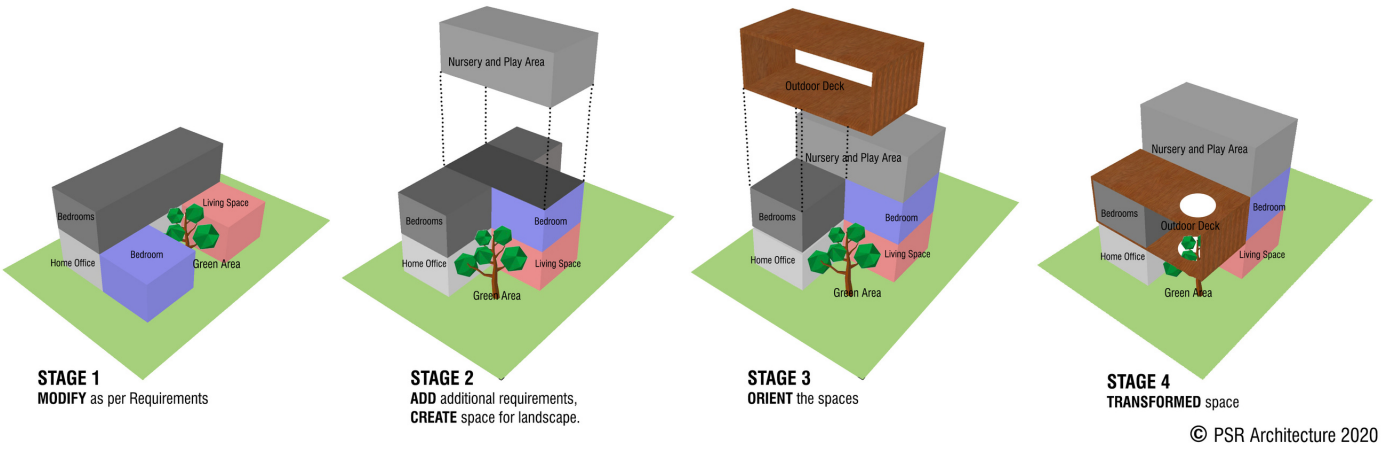
Importance of planning and budgets

Before undertaking a home renovation we have found it beneficial if the client has a financial plan. This will help the architect to plan the resources and ensure the design makes optimal use of the allotted budget. It may be useful to discuss and plan your present and future requirements with your architect, in order to incorporate changes in your living circumstances into the renovation. For instance, this might include accommodating a nursery, a home office or a gym.

Building permits

Building permits and historic commission approvals are handled on a city or town basis. In most cases, any improvements aside from basic repairs require a building permit so it is important to seek the assistance of your architect.

CONCLUSION



The diagram above illustrates an example of the stages of a renovation project from the beginning of the design process to the final transformed stage. The lines between the office, home and leisure activities are blurring, requiring open spaces and homes to fulfil multiple purposes. While homes must also adapt to varying requirements, making them eco-friendly and reducing the overall carbon footprint is also important. Prior to commencing the renovation process, it may be useful to reflect on a few points such as your reasons for remodelling, your available budgets, your current living arrangements and the timeframe within which the project needs to be completed. This will bring clarity and help create a warm and welcoming space for you and your family.

PARVATHI S. RAO

is the principal architect of PSR Architecture and can be contacted on +91-9972941923 or by e-mail at info@psrarchitecture.com. The firm was established in 2011 and specialises in the research and design of a wide-spectrum of projects ranging from residences, retail, corporate, hospitality, renovations and institutions.

Paris REMade

by **XUAN THU NGUYEN**

The new sustainable high-end fashion brand "Paris Re Made" from the famous couturier and a founder of the brand **"Xuan"-Xuan Thu Nguyen**, has aroused great interest among the fashion community.

First time I have seen the brand "Xuan" during Parisian Fashion Week and I have fallen in love with this brand from the first sight and I am a fun of the sustainability in the fashion industry so I was very curious about her new collection.

PHOTOGRAPHER	Christina V Henningstad	christina_henningstad
STYLIST	Mila Evtushenko	mila.eva
MAKE UP & HAIR	Serguei Chatel	serguei.chatel
MODEL	Nina Belo	ninabeloo
PRODUCTION	Fashionview Paris	fashionview.eu
MODEL AGENCY	Charme De La Mode	charmedelamode

PHOTO Christina V Henningstad
HAT & DRESS Xuan Paris
SHOES BALENCIAGA

WWW.DEMODEMAGAZINE.COM

As a fashion photographer and a big fan of street style, I immediately wanted to take the collection of the new brand out to the Parisian streets and see how the clothes look like in real life.

Often in the numerous fashion blogs you can read that it is very bad idea to mixhaute couture and casual clothes.

In our fashion editorial, with the help of our stylist, I tried to make this myth disappear. Here we have mixed the outfits from the haute couture brand “Xuan” and the casual “Paris Re Made”.

I really hope we did it well and you like the looks we have made.

During this difficult for most of people period, the only way to express your individuality is to speak in the language of fashion. In this language you can say a lot about yourself without saying a word.

If, due to the constant restrictions, you have no reasons to wear haute couture clothes, then feel free to mix and match it with the good quality casual outfits.

No matter what happens, always stay bright and trendy. Don't lose your hope for the better times and don't be afraid to experiment with your style.

If you like quality clothing and are committed to the concept of sustainable fashion and the responsible use of natural resources, then be sure to check out the brand “Paris Re Made”.

If you like quality clothing and are committed to the concept of sustainable fashion and the responsible use of natural resources, then be sure to check out the brand “Paris Re Made”.

In those clothes, you can look a little different every day because the cut implies different modifications. Plus, these clothes are perfectly matches for almost any style.

- by Christina V Henningstad

PHOTO Christina V Henningstad **MASK & BOMBER** Paris RE Made **DRESS** Xuan **SHOES** BALENCIAGA **STYLIST** Mila Eva

PHOTO Christina V Henningstad **JACKET** Paris RE Made **HAT & DRESS** Xuan **SHOES** CONVERSE **BAG** 127 **STYLIST** Mila Eva

PHOTOGRAPHER	Sebastian Candiolli	tatocandiolli
STYLIST	Berta Oporto	bertaoporto
MAKE UP & HAIR	Patricia de Lucas	patridls_makeup
PRODUCER	Carmen Fuentes	kar_fuents
PRODUCTION	Galileo Agency	galileoproduction

Sebastian Candiolli

Fashion, Test, Editorial Photographer graduated at Efti
Based in Madrid
MANAGED BY: GALILEO AGENCY, MADRID

sebascandiolli tatocandiolli

Sebastian is a curious soul, of hues far beyond the visible. At first sight of his work, you might encounter a broad range of influences from various arts, being actual photography, music and world cultures his primal roots. Born in Uruguay, now settled in Madrid, keeping his life and art incoherence, he extended his artistic winds throughout the world, embracing a myriad of views, in the first step to constant evolution, with a steady eye for tendencies and a strong will to shape them. He absorbed the troubled feel of the '90s in his early years, traces of which you can find in his more obscure works. Scary, sometimes gory tones found in Marilyn Manson videos and the MTV grunge scene give an account of his love of music, especially Nirvana, whose frontman served as his first influence, in a mix of both craftsmanship and brutality. But it's not all dark and sad in Seba's land: Take the childish and hyperactive Yo-Landi Vi$$er and find her in her most fresh but straightforward protest as an additional color in his palette.

Like a galaxy of influences, you can also find Planet Circus in Seba's universe. This colourful and fun world has interested him from a young age, and it bears witness of a rather implied behaviour in an activity most people passively engage as an audience, mastering the art of juggling himself. Always in search of the new, he acts almost like a conveyor of the many tendencies he admires and enjoys. A world traveller and a people person, his eclectic mood is a magnet to individuals around the globe may be as intriguing as him, and he welcomes their vision into his own work. Just like Sebastiao Salgado, one of his major influences, he works with an empathetic view from both sides of the lens to really understand the reality of his model. But the Brazilian master is just one of many roots for his artistic influence tree: You can find traces of the surrealist pastel landscape of Tim Walker or the subtle humanism of Peter Lindbergh's portraits in his fashion works. Sado-pop characters like the Japanese duo Aya & Bambi or those found in American horror story series along with the childish rage of Die Antwoord will also perspire out of a brief insight into his darker angle. His numerous books are swarming with genderless faces and clothing.

Sebastian cares for balance between artistic expression and thorough detail. Experience allows him to portray his vision and satisfy a precise agenda keeping pace of what you can consider a clear and elegant display of reality.

SEBASTIAN CANDIOLLI

DE MODE | BOOKS & AUTHORS

VOLUME 04, ISSUE 19

8 BEST NEW READS FOR THIS SEASON

DE MODE has helped you with an unbelievable list of 8 amazing books written by Author AJ Anthony, Author Jal Patel, Author B. Manjula Rao, Author Sathya Sam, Author Tejaswini Sundar, Author Darshan Desale, Author Urja Joshi and none other than Author Abhishek Mishra that you should read this season. Also, read the exclusive author interviews that will help you understand their writing style and the level of research they have done to put their book on your table.

Photo: Daria Shevtsova

A J ANTHONY

He is a San Francisco Bay Area native, where he studied business and art. He began bartending right out of college (in his first life) for over 15 years in a variety of pubs, restaurants, and night clubs. In Barsoap - Life Behind Bars Vol. 1, he has integrated and woven years of "interesting", real-world experiences from that time in his life into this work. He currently has Barsoap - Life Behind Bars Vol. 2, and a sci-fi novel entitled, Confessions of a Creator, in his pipeline for 2021. In addition to being an author, he is a graphic designer and audiobook narrator. He designed all art for the book cover the companion guide. He has also narrated the audiobook version. He appreciates many forms of art, plays USTA tennis, and race SCCA autocross.

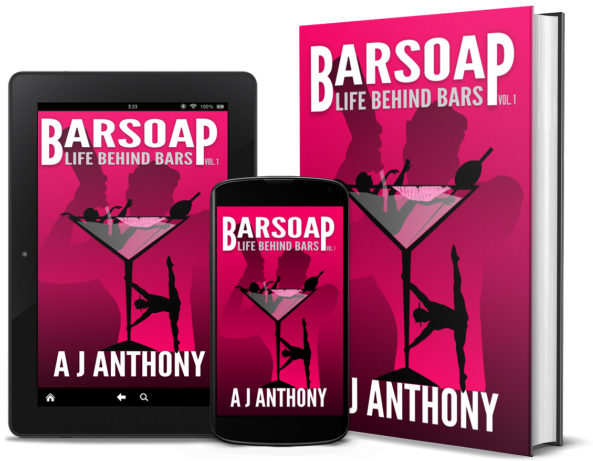
"I hope you will listen to or read and enjoy my first novel project entitled Barsoap-Life Behind Bars Vol. 1. It is filled with many of my actual experiences over the years in the trenches, woven into a compelling storyline with rich characters. It's also loaded with lots of fun and interesting extras." - Says Anthony.

He currently lives in Phoenix, Arizona with his wife Angee and three cats. He would love to hear from anyone who has perused his work. He will be giving away ebooks to the first 10 readers who sign up and mention this story. He hopes you all stay well and have a prosperous future.

BARSOAP: LIFE BEHIND BARS - VOL 1

BY A J ANTHONY (BRIEF INTRO)

Enter BG's nightclub, where poison is served and profit is made, you'll find your best friend, party your ass off and fall in lust...but it may cost you your soul and make you vulnerable to the ultimate betrayal. This isn't your daddy's sappy cocktail story! Barsoap- Life Behind Bars is a fast-paced erotic dramedy featuring Sean Collins, an accountant turned bartender. Shortly after his mother's tragic death, he receives a letter from her regarding his father, whom he never knew. She believes what was ruled an accidental death over 20 years ago, was actually murder by his business partner, Beau Garrett. Acting on this information, Sean immerses himself into the chaotic, addictive world of bartending in an upscale nightclub owned by Garrett, in order to get close to him and uncover the truth. The answers are there if he can survive the barflies, jealous husbands, drugs, thugs, dealers, and the treacherous club owner. It's an insider's look and exposure to bar culture and lifestyle, filled with excessive partying, promiscuity, and drug abuse. An interesting, fun, and wild ride through the cycles of that world. Experience the decadence without the guilt and hangovers. Reader indiscretion is advised. Over twenty years in the making, Barsoap is an erotic dramedy featuring Sean Collins, the accountant. In an effort to uncover answers to his father's suspicious death, he takes a bartending position at BG's Night Club. It is owned by the cantankerous and treacherous Beauregard Garrett (ex-business partner of Sean's father). Sean is easily engulfed by the pitfalls of the bar culture/lifestyle. The answers are there if he can survive the partying, unbridled sex, drugs, and betrayal.



Available on: amazon | Rating: 4.7/5

INTERVIEW WITH AUTHOR A J ANTHONY

Q: Is writing your passion or emotion?

I believe it's all about emotion. That's what I look for in any type of story. If it can evoke some kind of emotional response, then it has done its job.

Q: What was that final or provoking thought that made you write your first book?

I wanted readers to have a taste of what the bar lifestyle was like. This is based loosely on my life in that world. I like to call it my auto**bar**ography.

Q: How does writing brings out the best in you?

Any kind of creative expression is gratifying. Producing a finished product of this magnitude is an achievement that I will use as a springboard to create more.

Q: How can you bring up a change in the literature world?

I don't have any aspirations to change the literary world, I just want to contribute a little enjoyment and escapism for the readers/listeners.

Q: What is your favorite Quote?

"No tears in the writer, no tears in the reader. No surprise in the writer, no surprise in the reader." by Robert Frost

Q: How does writing inspire you the most?

It gives me the sense that I can accomplish anything with imagination and hard work.

Q: What are common traps for aspiring writers?

Writing is not a race. Good things take time. Don't be discouraged if it takes longer than you think. Stick with it, trudge on and use your best work.

Q: For you, what is the meaning of being a writer?

An expression of something you've been storing inside and sharing it intimately with the readers.

Q: How do you feel being an author?

It's most rewarding seeing your work out there for the world to enjoy.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

For Barsoap, I pulled from my 15+ years of experience as a bartender. I've accumulated many interesting stories over the years and have woven them into this semi-fictional work. Of course, this kind of research isn't necessary for every project, but research is important to keep in contact with the illusion of the story and not shatter the suspension of disbelief.

Q: Do you try more to be original or to deliver to readers what they want?

That's a tricky balance. This is an original story and I believe I have delivered what readers would like as well. It's important not to go too far one way or the other in most cases.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

They most certainly can, but it will show and translate into the depth of their work.

Q: Do you have any upcoming book? What is it about?

Barsoap – Life Behind Bars Vol. 2 is in the works for 2021. It is the continuing story of Sean Collins from Vol. 1. Also, Confessions of a Creator, a sci-fi novella.

Q: How do you feel about your book being featured in DE MODE?

The exposure is fantastic! I'm looking forward to your readers' response. Thank you for the opportunity to share my project!

Barsoap Audiobook Direct (Will also be available on Audible soon):
https://authorajanthony.com

FREE Companion book for all:
https://barsoaplbb.com/

Website: https://barsoaplbb.com

JAL PATEL

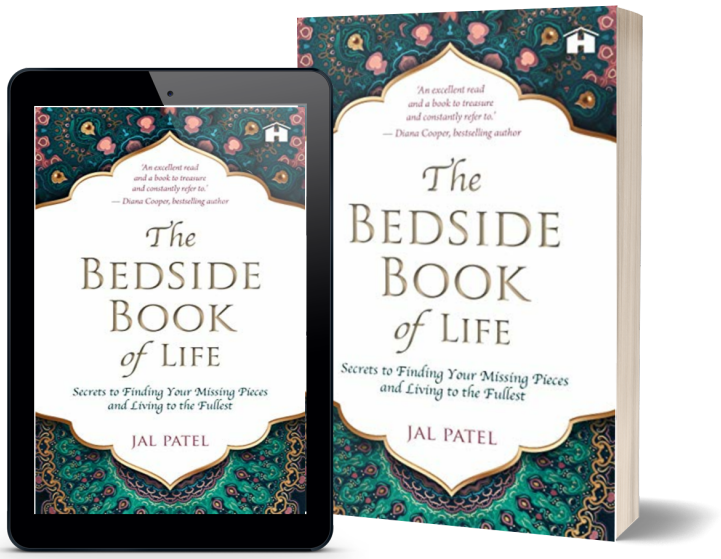
An East African Indian, Jal Patel is a former publisher and editor of two magazines. She studied at the International School of Tanganyika and completed her higher education in the UK. She studied Arts, Literature and Indian Religion Studies from Kent Institute of Art & Design and the University of Chichester. Jal has spent the last decade exploring spiritual practices, becoming an Angel Teacher, facilitating spiritual workshops, counseling people, writing and self-publishing her first book, 'Expect a Miracle of Ascension', living in India, pursuing a PGCEi from the University of Nottingham, and writing her second book, 'The Bedside Book of Life', published by Hay House India. She lives in Tanzania with her two daughters and husband. She loves to read everything from books, to tarot cards, to palms, to people.

THE BESIDE BOOK OF LIFE : BY JAL PATEL (BRIEF INTRO)

The Bedside Book of Life is a guided tour into the spiritual scheme of life, revealing the intricate pattern of the bigger picture as it unfolds and adds up to your existence. This book will help you understand what is in your hands to change and what you must accept gracefully. Let it bring you comfort, courage, and clarity.

This book is drawn from the intersection of spirituality, karma, and the author's quest to finding answers to living a life of righteousness and positivity. It is more than a guide to life; it is a reality check that the universe is intelligent and any hurdle it throws at you is because it is also giving you the strength to deal with it.

Wholesome and uplifting, this book will help you find ways to grapple with anything and everything. In the process, it will also help you find your missing pieces, heal your past, and inspire you to make the best of your life.



Available on: amazon | **Rating: 4.5/5**

> ***"The archer knows the force building up in the arrow that is stretched back on a bowstring. Sometimes, what we see as a failure, a fall, or a full-stop is, in fact, sheer alchemy...a preparation for something more."***

INTERVIEW WITH AUTHOR JAL PATEL

Q: What was that final or provoking thought that made you write your first book?

When I joined the school in Grade 1, I was five and could not speak a word of English! I remember that I chose to write, read, draw, and color when other kids would be out playing. it was my way to gather my thoughts or build something. When I was very little and living away from my parents, I would sit in my room and write out a plan on how to start a school in my hometown. Writing is a healing tool for me.

Q: How does writing brings out the best in you?

Writing is like a sacred process for me, an act of prayer, where I am reaching out to something more, and connecting with something that's bigger than me.

Q: Do you believe in awards or rewards?

Awards would be nice, though they don't drive me to write. Rewards, yes. I strongly believe that even if I didn't earn a cent out of this book, every time this book helps someone in any way, I will earn blessings in my karmic account.

Q: What was that final or provoking thought that made you write your first book?

They say that if you follow your envy, you will know what you really want. When I went to bookshops, I'd feel a tug at my heart (and sometimes a pinch), when I'd see names of the authors printed across their books. Both my first and second book, which are 10 years apart, were written when I felt like I would burst from the seams if didn't write them. I think I always knew my life purpose was to help people through my writing. The calling became stronger but I felt I was not ready to write until I found myself in a 'dark night of the soul', and writing this book was the only way out. I started writing it for myself, and then when I felt soothed by the words, I worked at it to write for others. It was an immensely tiring and lonely process, and at times, overwhelming, but something kept whispering in my head that I had to write this, so I kept at it.

Q: How does writing inspires you the most?

It usually starts with a block of thought or an emotion that is churning in me. Now I just have to find the right words to thread them together, which is a part I love to do. I also can express myself far better in writing than I can do in speaking. I tend to lose the thought or fumble with my words when I'm speaking, but am far more articulate and relaxed in writing.

Q: For you what is the meaning of being a writer?

Being a writer means everything to me. I wish I knew this earlier and studied this instead of studying arts because I lost my interest in art and design a very long time ago. My first job was as a copywriter in an international advertising agency, and also got my first award as a copywriter. I was an editor for two magazines, actually three because we came out with two issues of this coffee table magazine before it got shelved, but I loved the job. Writing is one area that I've always held a steadfast interest in.

Q: Do you have any upcoming book? What is it about?

Yes, I have been working on my next book, which is based around a law of attraction challenge. I've already filled countless notebooks and have enough content to write the book, but because this is a challenge based on a personal experiment, I am trying to work on that to find what works and what doesn't before I can write it for others. I also have a fiction book that I started 10 years ago. I would like to complete it in the future sometime.

Q: Do you try more to be original or to deliver to readers what they want?

I definitely do not try to deliver to readers what they want, but because I am an avid reader myself, I write for myself, and so I guess I do end up delivering to the readers what they want. However, in the editing stages, I am very harsh and I can cut many parts that I feel might confuse readers. I like to keep my writing very simple and from the heart.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

I'm glad you've asked me this question because there were some things I needed to clarify. The first book was based on research. There was hardly much that I knew beforehand and so it was like writing a 50,000-word thesis. The process of writing this book was very different. When I sat down to write, I would have all these thoughts and I would just type them in. At times, I didn't even know what I was going to type in next...the words would just flow so smoothly. That's why writing this book was a sacred process for me because I found many answers. It was my publishers who asked me to put in references for some of the stuff that I wrote about. So then, I went back and tried to find references to back up what I had written. So it was an interesting process.

Q: How do you feel about your book being featured in DE MODE?

I'm so happy being featured in DE MODE, it is the perfect magazine to have my first interview with. As a former editor and publisher of magazines, I can recognize a high quality magazine and appreciate the effort that goes towards putting it together. I am so grateful that you chose my book for your "BEST 8 NEW READS FOR SPRING-SUMMER".

AUTHOR B. MANJULA RAO

Author Manjula is an educator who holds a Master's degree in Computer Science and a Bachelor's degree in Education. She was born in Kolar, a small town known for the gold mines. She used to be a faculty member at Aptech Computer education and later went on to be the Regional technical support executive at Aptech Ltd Mumbai. She took a small break from her career and re-joined teaching Java programming in an ICSE school. She relocated to Bangalore for her son's education and decided to focus on writing. She self-published her first novel 'Three boons give and take' in the year 2016. It is the story of how Mother Earth is exploited by human beings. Her first short story was a part of an anthology 'A life I lived' and her first work of non-fiction 'Being a tourist' was among the anthology 'The big bang of non-fiction'. Her third yet to be published novel 'Malhara - Torrential rains' was one of the finalists in the 'LitMart' event of the Bangalore literature festival. Her second novel 'From gurukul to gurukul', a small-town school story was launched recently in August 2020. She currently works for Mindchamp as a coding instructor.

FROM GURUKUL TO GURUKOOL

BY B. MANJULA RAO (BRIEF INTRO)

RANKED ON AMAZON #5 CONTEMPORARY ROMANCE SECTION

The story involves the lives of students at Gurukul, an elite school in the idyllic coastal town of Mansar, and the struggles of their teacher, Aadya. The book revolves around 18-year old Kunal, the fun, high spirited, and most sought after rich Gujarati guy with killer grins and easy-going charm, and Viren, his close friend who is a soft-spoken and academically bright guy, both smitten by the charming and beautiful fourteen-year-old new girl tennis champ Ananya.

Author Manjula takes readers on a nostalgia trip with this book, reliving high school memories. She captures the flaws and beauty of the young in pleasant and straightforward writing and presents to readers, a story filled with love and acceptance. Teenage romance, fights, and students finding their foot supported by an encouraging guide, all add to the innocence of the book. This book is what you need to read and remind yourself of the simpler times of how it was to be young and in love.

Available on: amazon | Rating: 4.3/5

"I have put a lot of heart and soul into this book and I am confident that it will connect with a lot of people across the country. My dream is to have this book considered as the story for Student Of The Year - 3 one day" she says.

INTERVIEW WITH AUTHOR B. MANJULA RAO

Q: Is writing your passion or emotion?

I think both. When you read a novel that comes from a place of passion, you can feel it. I want my readers to feel the emotion. Passion is what drives me and lets me spill over emotions I feel and this desire helps me write with greater passion and stronger intensity.

Q: What was that final or provoking thought that made you write your first book?

I heard this beautiful quote from a motivational speaker 'Never think I want to be, instead think I want to do, because doing something is in your hands but becoming someone is not,". So subconsciously I told myself 'Write if you want to be a writer'.

Q: How does writing brings out the best in you?

As a child, I was an introvert. I took time to warm up to people. So right from an early age, I found solace in writing. As a teenager I remember writing a letter to my future self, pondering on my goals, and reflecting on the highlights of the day in a diary. Personally, writing is a place where I can be honest with my feelings without being judged and allows my mind to break free of every limitation.

Q: Do you believe in awards or rewards?

I don't want to use the word 'believe' because it is loaded. Nonetheless, awards and rewards act as a catalyst helping you gain instant visibility. My second novel 'From Gurukul to Gurukool' would be a great story for the third installment of the 'Student of the Year' movie. But getting noticed by a filmmaker like Karan Johar is not easy. Awards and rewards spotlight your work and what follows is the desired recognition and acknowledgment.

Q: How can you bring up a change in the literature world?

To deliver a watertight story you need to write responsibly. Having an opinion is great but trying to impose can be dangerous. A story should calm the raising crescendo of negative emotions. An optimistic story carries vast energy that can work wonders and change a life.

Q: What is your favorite Quote?

"There are two ways of passing from this world – one in light and one in darkness. When one passes in light, he does not come back; but when one passes in darkness, he returns".

Q: How does writing inspires you the most?

Keeping your passion alive adds a spark to life. I consider routine boring. Sometimes it is hard to know what you are feeling and writing gives me clarity. Mostly it encompasses everything I am going through during the time. My stories are relatable and are a heartfelt expression of love with warm content.

Q: For you what is the meaning of being a writer?

Essentially, however, the whole idea of writing is to convey an idea or message and thus gain invaluable insights. For this to happen an author needs to make a point more persuasive. Writing comes from something you feel passionate about. While writing my second novel the emotions were so strong that I felt like a teenager again.

Q: How do you feel being an author?

One word "amazing". A story is something that I write with a lot of love. It makes me feel I am in a new world letting my mind transport to the land of freedom. I get to live the lives of my characters as they develop with various shades and let myself breathe through each one of them. I want to be remembered for what I wrote rather than what I possessed.

Q: Do you try more to be original or to deliver to readers what they want?

I look for an unexplored concept and weave an entertainer with never a dull moment. A story needs to be passionate and true to heart and a glow that illuminates. All my novels or short stories have endings that are liberating. Readers respond to emotional truths in a way that a painful episode may heal them.

Q: Do you have any upcoming book? What is it about?

Yes, my third novel 'Malhara-the torrential rains' is complete, and am dreaming of a new one. It was also a finalist at the LitMart event of the Bangalore Literature festival where I got an opportunity to showcase my work in the presence of publishers and literary agents.

Malhara' keeps the spirit, customs, and traditions of my hometown coastal Karnataka also called 'Tulunadu' alive. The story revolves around an NRI girl and a traditional coastal Karnataka boy who also happens to carry God's idol during the ceremonial circumambulation that happens in the temples. It highlights the stunning amalgamations of old-world charm as ravishing as ever and life aboard which, is truly extraordinary.

Q: How do you feel about your book being featured in DE MODE?

Proud, happy, overwhelmed, and delighted. I want to thank the team for this special honor. It feels like receiving an incredible award!

SATHYA SAM

Sathya Sam is the author of the book 'Gauri..!!', and a doctorate in Management. He is a regular blogger and runs an exclusive website to express his ideologies about the world. Sathya Sam was a mimicry artist, a skit writer, a stage show artist, a cricket player, and a part-time singer during his college days. He loves driving and seizes every opportunity to get behind the wheels for a long drive.

The author is known for his quick wit among his friends. He is a motivational speaker who has spoken at several institutions, inspiring youngsters with his realistic articulation. Sathya Sam is an avid reader, who especially likes brain-twister stories. He strongly believes that if a story and its characters do not occupy the mind space of readers when they wake up the next day, the author hasn't done justice to the piece of writing.

His fiction book 'Gauri..!!' got published recently. In spite of it being his first work, it got wide recognition and appreciation across the globe. The story was a realistic one with an unexpected climax.

GAURI..!!

A BOOK BY SATHYA SAM (BRIEF INTRO)

Gauri..!! Is a realistic story. Author Being from a country where women are idolized as goddesses, he tried showcasing one such woman from society who handles the hurdles of life with ease and sets things right in the interest of the family. Women can never be referred to as the weaker sex. If men argue that physical strength is the deciding factor for strength, then women are solid in their mental strength.

It's an unpretentious story of a woman who handles the hurdles of life with courage and profound thinking. Her character is similar to that of many women we see in our lives. But what is different is the dramatic twist in the tale, which you won't see coming. The protagonist Gauri is patient and persistent, with undying love and affection for her husband, much like many women in the country. Indeed, Gauri's story is the tale of many women in India, who sacrifice their needs, desires, and dreams for the sake of people dear to them. This work of fiction is a tribute to every unsung woman in every household. A big salute to these strong women, without whom society will perish.

Available on: amazon | **Rating: 4.5/5**

"A man is made by his belief. As he believes. So he becomes."

INTERVIEW WITH AUTHOR SATHYA SAM

Q: Is writing your passion or emotion?

It's a mix of both. At times you may not be able to showcase all your emotions to the people around you. During such situations, writing is better. For an author, the writing activity he does on a blank sheet is like being in a relationship or making love. This emotion won't get evoked until you have the most passion for that activity.

Q: What was that final or provoking thought that made you write your first book?

The protagonist of my first book 'Gauri..!!' is a woman. The reason behind that idea was to address an important societal problem that revolves around us every day. While we talked about women empowerment every day we missed the bus on recognition for a common woman. We badly failed to recognize the contributions of the women at our homes. If you read the book you may understand what I am talking about. The book is not a feminist advocate rather it talks about the realistic tides around a woman who lives next door.

Q: How does writing brings out the best in you?

When I sit down to write, I become myself. We all play roles in life. Our behavior differs between people. We are not one and the same to all the people around us. I feel the quintessential ME comes out when I sit for writing a book. Being myself is the best thing. It makes me realize who I am.

Q: Do you believe in awards or rewards?

That depends on where it comes from. Awards would certainly motivate anyone who is longing for recognition. But for a creator, the rewards are more enriching. But unless you get the recognition you wouldn't be able to reach the mass. Awards are the head-turners to prevail more rewards.

Q: How does writing inspires you the most?

For an author, all he required was a spark. From the moment when an idea blossomed in his mind, he would be stimulated to read the topics around that idea. The topics he read would resonate consistently in his brain cells and that would make him crave for more information. This travel is endless until it bequeathed the best output to the readers. This trajectory inspires me day in and day out in the writing process.

Q: How can you bring up a change in the literature world?

Being a debutant I find this question to be arbitrary. I am not here to change the legacy created by my predecessors but to do a rooftop shout-out about my ideas to the world in a very subtle and engaging manner. Every book of mine would certainly be a page turner with a strong inherent message to society.

Q: For you what is the meaning of being a writer?

Writers are not from mars. He is the reflection of society. Since I'm one among my fellow beings, I should pursuit the topics from society. In my books, I try to portray every character in shades of grey. None of us are Heroes or villains. In other words, we are all heroes and villains in somebody's life. This is the reality. A book is just an excerpt of this beautiful world.

Q: How do you feel being an author?

Of all the prefixes I gained in my life, I feel high when somebody addresses me as an Author. This is a direct gift given to me by god. So it is special.

Q: Do you think someone could be a writer if they don't feel emotions strongly?

Emotions and writing are good old friends. When your emotions get superimposed on your perceptions while you experience an important incident you are an intense explorer. This trait is important for writing.

Q: What kind of research do you do, and how long do you spend researching before beginning a book?

My upcoming book is my dream project. I have put in a lot of hard work before I started to write. The theme of the book is Human farming and Time Travel. I am fully aware, as an author, if I don't put enough effort for the selected topic the book would become a mockery. Happy that the book is getting shaped up very well. It is in the final stage. Looking forward to publish it through a renowned publisher. Hoping to release the book in the mid of 2021.

Q: How do you feel about your book being featured in DE MODE?

DEMODE is a classy and stylish journal. Getting selected to be a part of this issue is certainly a proud moment for a debutant like me. That shows the recognition my book has got for me. Godspeed.

TEJASWINI SUNDAR

Tejaswini Sundar is a young, creative, talented, and ambitious woman native to the flamboyant city of Chennai, Tamil Nadu, and birthed on the Middle-Eastern lands of Kuwait. She kicked off her career by pursuing a Bachelor's degree at Motilal Nehru National Institute of Technology, Allahabad (MNNIT Allahabad) in Information Technology, and currently works as an Associate Software Engineer for an HR-IT firm. She dabbled in the world of content-writing that spoke on topics such as educational technology and travel and has contributed to social welfares and charities.

Her first introductions to Indian medieval literature and art were not just from Indian cultural music and dance but from a more innocent time. A time where her brother and she lay sprawled along her grandfather's bed, listening intently to stories of medieval Indian and Western history and mythology. These stories and art forms not only sang praises of gods and heroic men but divulged into details of life in the era with precision. Unable to contain her overpowering curiosity, she began reading books and actively voicing her ideas with her grandfather, all because she wanted to create something she could call her own. This burning desire, coupled with her wild imagination, saw not just the birth of a writer, but a person who wishes to fill every surrounding blank page with life.

Her journey has empowered and encouraged her to create a bond with the reader through her stories as she hopes to inspire emotion and meaning in their lives.

SANGAM THE AWAKENING:

BY TEJASWINI SUNDAR (BRIEF INTRO)

It's the first installment of an eight-part series that revolves around the theme of restoring balance while touching on topics of revenge, betrayal, sacrifice, and courage. This story holds fast to its Tamil roots in both name and natural setting, exploring land and understanding culture at a time before the rise of the Chola empire. The title of the book is a mere play on words: "Sangam," taken from Sangam Tamil literature, ascertains the era and time of the novel, while "The Awakening" symbolizes the dawn of the cycle of restoration. Drops of blood from a pure soul taint a famed kingdom, giving rise to a rebellion that now oversees a public execution. A bereaved Commander happens upon twins bearing a mysterious past and takes them under his wing. Eight years later, a surge in power within the twins calls on an uncontrollable threat that comes crashing down upon a glorious empire, rendering it to ashes and rubble. A quest to learn his children's past reveals a horrifying, age-old prophecy. Haunting words spoken from an artifact reveal to the monarch, his council, and the twins a clue and an unavoidable choice.

Available on: amazon | Rating: 4.5/5

DARSHAN DESALE

The thought of writing a book occurred to him while he was in the twelfth grade. Very often he used to have discussions hours after dinner on various topics. He used to narrate stories from ancient history in such gatherings. He used to present his interpretation and some research on the topics. His friends used to find these interesting and liked them. It was then that his friends urged him to write a book, and he took it up seriously. Initially, he wrote a lot of short stories, but many he did not like. Eventually, in his second year of college, he developed the concept of a story. He gave it to his friends to read, who liked it very much and recommended him to publish it as a book. Consequently, today he is happy to present this book to his readers. In spite of all the efforts, there may be some errors that could have crept in inadvertently. He is writing this at the young age of 19 - 20 years, but he has put his sincere efforts into all the language and writing skills he could bring out.

He has also written a number of Marathi audiobooks in the span of just one year, and several more are being recorded. They have gained immense popularity and appear under "Most Popular Audiobooks in Marathi" on Storytel. Due to their popularity, many of them have translated into English and Hindi too. He has also written his first audiobook about zombies in Marathi.

MANU:
BY DARSHAN DESALE (BRIEF INTRO)

This is the first book based on MANU. The First Man on The Earth and Also the Last One. Manu. Who is born with the knowledge of the Vedas on the one hand and the weapons on the other hand? Such men are as good as they are bad. He is walking around with the holocaust in one hand and life in the other hand. But Manu did not know that much about himself until a cursed man from Mahabharata came to meet him. And as if his whole life changed. Not only his life but also the whole universe with him because he is one of the most powerful person. He has the power to reverse the history of the entire universe. But he was expelled from most of the Vedas, perhaps for his protection. But now that he knows the truth of himself, then what he does? He has the option to support God or to support rakshasa, If he supports God then millions of people are killed, if he supports Rakshasa, then millions of people will be saved, but the rakshasa will rule over the entire world. So, will he become a god by killing millions of people or will he become rakshasa by saving millions of people's life?

Available on: amazon | **Rating: 4.2/5**

This novel gives a new perspective toward mythology. This is the first time you will read something about MANU. MANU is a very important person from mythology. Not only in Hindu mythology but in every culture and mythology you will see him.

INTERVIEW WITH AUTHOR DARSHAN DESALE

Q: Is writing your passion or emotion?

Maybe both. Because without Emotion, passion has no meaning. You will find your passion In Your Emotions, In strong emotions. Original writing comes from inside, from stronger emotions. When you have a strong feeling of writing when you write in that strong feeling, we do automatically the best writing.

Q: How does writing brings out the best in you?

It boosts creativity and imagination. You will see the world from a completely additional dimension. You will get a new perspective towards life and towards the world. You become a better version of yourself. Writing helps you to find your inner self. Writing gives you an additional dimension of thinking. Because you write unique characters from a fresh perspective. Your life changes when you share your writing. You will understand yourself better.

Q: Do you believe in awards or rewards?

When readers call you a writer, you become an actual writer. There is no point in considering yourself as a writer unless you get approval from the readers. And I think that recognition, that approval is your proper reward. See, the physical award is important to inspire the author to write. But that's not everything. Don't write for reward or award. I write for myself. I don't like to compare myself with others and with the award - reward. Because people invest their valuable time in my book, and I don't want to disappoint them. If they satisfied with your writing, then what else you want?

Q: How can you bring up a change in the literature world?

When I was a kid, I always wondered why the hero always wins? Everywhere that template has been fixed. It fixes this theme. The hero comes, kills the villain, and takes the heroine with him. This is a permeant way. And I always think about why only this theme? Why the villains not win? Or why nothing different happens in the end? I want to change this theme. And I did. I have written several audiobooks that have a different and new concept. But the important thing is you can't predict the end of the story. The hero does not always win. I always try to write something new. Something that people have never read before, never imagine before. And I want to change that fixed theme, that fixed template. I want to introduce brand new concepts with a different theme. That is what I did with Manu and people are loving it.

Q: For you, what is the meaning of being a writer?

I just love writing. I love to think about it. Writing does not just mean putting words down on the page. Write something that will bring a change somewhere. Maybe on someone's life. Writing something impactful. Because Being a writer means understanding that if you write something it will have an effect.

Q: How does writing inspire you the most?

When readers appreciate my work, it inspires me most. I received a call from a senior citizen regarding my book. He called me and said, "I want to read your next book as soon as possible. Because I don't know how many more years, I will live. So, before I go, before I die, I want to read the next part of your book." And it shocked me. I think this is my greatest achievement. What more could an author want? I realized how people get emotionally connected while reading. This feedback, this memory inspires me to write great stuff.

Q: What are common traps for aspiring writers?

First, don't lose your originality. Because of saleable plot lines. Don't think to sell your book before you write it. Second, insufficient research and reading. If you want to write, then you must have to read. Just read, read, and read. Then Invest in writing don't invest in only promoting. Just write your best. Don't compare your story with others. Never do that. Spend more time with your story. Just write your best. And write for yourself

Q: Do you have any upcoming book? What is it about?

Yes, currently I'm working on a new concept. I always try to write something new. A concept like MANU that they will read such a concept for the first time. So, currently, I'm working on a brand new concept. But I don't want to spoil anything about it. So, for this stay tune will inform you soon.

Q: How do you feel about your book being featured in DE MODE?

I'm very happy. When someone notices your work and they want to appreciate it, it's a very proud moment. And I'm also feeling proud. I want to say thanks to DE MODE for featuring me in your magazine. I think it's one milestone in my life.

URJA JOSHI

Urja Joshi is an 18-year-old author, illustrator,song-writer, and believer in miracles. She began writing when she was 14, starting with small posts on Instagram she decided to write her first book in 2017. After 2017 her second book was launched in 2019 after a long one-year break. In 2020, during the pandemic, Urja wrote her favourite work till date “yellow: the verses of hurting & healing”. She is also the youngest Indian author to become a best-selling author in the poetry and anthologies section on amazon and kindle. She is also nominated for an award by literary voice for being the best poetry author in 2021 for her latest book. Urja Joshi was also named the most influential young generation female for the year 2020 by stellar flower journals. She recently completed her schooling at Bhai Parmanand vidya mandir, new Delhi. And now is pursuing psychology Hons. From Delhi University. She plans on writing more books in the future and dreams to become someone who could positively influence people around the world someday. Out of many dreams that she has, the one of having her own book tour one day is the prominent one. On her website urjajoshi.com, she writes “I want to go around the world, step on stage and recite what I write in front of thousands of people, I want to show my art to people.” Urja actively voices her concern over ongoing issues and also posts her writings on her social media account about her personal life and her traveling ventures around the world on Instagram.

YELLOW: BY URJA JOSHI

(BRIEF INTRO)

The verses of hurting and healing is a poetry collection, divided into two phases: MOHI &KABIR. Mohi symbolizes “the hurting” and Kabir is all about “the healing” that comes after it. A book was written and illustrated by the author, which is for everyone. For those who believe in love and compassion and for those who don't. Those who have healed and those who are still in process. Those who aren’t able to move on and those who have successfully done it. It is for the feminists, the activists, the believers, the gender norm shatterers, it is a gift, a book on its journey to make difference in its readers’ lives. It is beyond any genre that describes it, Yellow is the revolution, filled with verses about heartbreaks, toxic relationships, self-love, men, rapes, sexuality, depression, self-hate, letting go, moving on, letters to self and so much more, that you only discover when you unfold the pages of the book. The author wants the readers to consider yellow as their personal diary, where they can fold the pages they like, underline their favorite lines and even mail her if they find something debatable. This poetry collection has beautiful illustrations with every verse and some yellow-colored pages which are the author’s favorites. The main theme of yellow revolves around self-love and self-worth and the importance of one's own well-being, that’s why it's not some ordinary romance teen book. It has more of a realistic approach than fictional one and talkshow love is not always a fairy tale.

Available on: amazon | Rating: 4.2/5

INTERVIEW WITH AUTHOR URJA JOSHI

Q: Is writing your passion or emotion?

Writing is for sure my passion as well as emotion, it pushes me to be my best and vulnerable self both and it challenges me but more than anything it scares me. We all have our bad days, days when we don't want to do anything or have no motivation to even get out of bed, but even on days when I feel like doing nothing, I can never say no to writing because I love how I can write my heart out on paper and feel completely listened and understood. I write for myself and it's just a bonus that readers love it.

Q: How does writing brings out the best in you?

My writing career started ina very funny yet weird manner, I survived a very deadly medical phase of my life and I am hands down very proud of myself for the same. When I came back from the hospital I always told myself that I want to do something insanely big with my life, something I'd remember forever. So I wrote my first book when I was 14. To this day I don't believe I really did that but when I look back I do nothing but smile and thank myself for doing that.

Q: How does writing bring out the best in you?

I feel the things I will never have the courage to speak in front of the world, I can always write down with my pen. Writing lets me be my ideal self which is nothing but a girl who speaks her truth very brutally. I never censor anything while writing, I don't cover up, if it's in my mind, it's in my book. And that's how vulnerable writing lets me be.

Q: Do you believe in awards or rewards?

Awards and rewards are just a way of feeling good about your work, but no artist solely works for it. And so do I, if I were asked to do my work for free in exchange for no money or awards, I'd still do it, these things are not my driving force. I love what I do that's the only thing that matters. In the end, it's always a huge honor to receive recognition for your work but yes I won't let it become very important to me.

Q: How can you bring up a change in the literature world?

Everyone in the literature world has their own personalities and artistic side, there is a distinctive and diverse nature to it which makes every reader comfortable and that's the beauty of it, that we have room for every book, every writer, and every reader. I don't plan on changing it. On my part, I'd love it if the whole world acknowledges the beauty of Indian writings and Indian authors. That's more of a revolution than a change, as an Indian author myself I have always loved and dreamed of getting an international audience for my work. I'd love it if people start reading work and literature that lies beyond their national boundaries.

Q: What is your favorite quote?

"if your dreams don't scare you, they are too small"

Q: How does writing inspire you the most?

Writing has always fascinated me and inspired me. Writings are beautiful and artistic, they can have flaws and still attract their readers. The fact that something doesn't have to be flawless to be loved is amazing. And I guess more than writing I get inspired by the writers. Sometimes I read something and my first thought is how legendary is this and how does the brain of its writer works and will I ever be able to become or write something like this. I have immense respect for all the writers and their ability to play with words.it inspires me to use my potential and write something insanely beautiful.

Q: What are common traps for aspiring writers?

I spend a lot of time researching then writing my book. I want to know everything I write about before passing it to the audience so that I am prepared with the answers if questions are asked by readers or the press. I remember how it took me 2 months to research yellow before writing it. I educated myself a lot about color its different meanings, about the meaning of different illustrations and words. I even researched a lot about mohi and Kabir.

Q: How do you feel about your book being featured in DE MODE?

I feel very thrilled and happy about this feature, it's so exciting to be working with DE MODE. I must say I am beyond grateful to the team who thought my book and I deserve this feature. I promise to give my best forever and may the future bring many more opportunities for me to come here again. Thank you so much for having me!

STEREOTYPICAL LEADERSHIP:

BY ABHISHEK MISHRA (BRIEF INTRO)

The Apotheosis of the leaders in the way they express their thoughts through their body language, attitude, and the way they talk. The leaders are those who not only lead a group of people; they also become a role model for many people and many groups. So, showing up the right attitude and setting up the right tempo is crucial for a leader. This book will explain a few traits and qualities of a good leader and new case studies on how two different types of leaders will act in the same situation. This book will demonstrate two types of Stereotypical Leadership. One is a Stereotypical mindset, and another one is a gender stereotype. Both can be equally dangerous and can have a severe impact on society. You can perceive how the equivalent supportive individuals surrounding them can meet with either resistance or gratitude in all the circumstances.

Thoughts that are nurtured with the right attitude and expressed concisely will have immense power. They can motivate, inspire, they can provide insight and can get the incredible work done and pass on your messages across. I hope this book will help you nurture your thoughts and show you the right way to groom them and present them so you'll not become a leader; you can become an influencer.

ABHISHEK MISHRA

Author Abhishek Mishra aims to create a new platform or forum to facilitate discussion when people or leaders feel stuck and confused or unable to add value. He wanted to create a platform where people help and support each other, where there is no gender differentiation and where people become role models for each other. As a writer, he has accomplished and accolades how he expressed his feelings through his words. He has written 50+ articles that were liked by many professionals over platforms like LinkedIn, medium.com, PM Today, PM Times, and Novel Vista When he is not writing books, you can find him doing project management, and when he is not doing either of these, you can find him baking fabulous cakes. Oh, man! It would be best if you tried his cakes and pastries. He is the kind of person who has loads of energy and does not like to sit idle.

He has got stunning writing skills, Culinary skills, and strong management skills; not just that, he is also a process-oriented person. In a way, he always keeps trying different things, and this replicates his inquisitive nature too. Professionally he is a project manager, so he has been associated with multiple non-profitable groups to learn and discover ways to help the community and society.

He is the author of "The Book of Powerful & Exceptional Quotes", "Stereotypical Leadership", "Envisioning PMO & Project Management through a Juggler's Eye: Part-1" and his upcoming book is "Koffee with Krishna".

Available on: amazon | Rating: 4/5

INTERVIEW WITH AUTHOR ABHISHEK MISHRA

Q: Is writing your passion or emotion?

I started writing with a long due passion, which I wanted to pursue. The timings best suits during the lockdown, and on top of that, Job loss added fuel to it. Now it's neither my passion nor my emotion; it has become my addiction. I feel happy and contained when I write something.

Q: What was that final or provoking thought that made you write your first book?

I was writing since 2007, but it was always in bits and pieces. In Mar 2020, when COVID-19 came in, and I lost my job simultaneously, exactly during that time, I have started growing suicidal tendencies and lost my confidence. But I am a kind of a person who never gives up, so been keep thinking positive side of it but then in the back of my mind, I was sure that nothing going to change, if I will think positive and at the same time, I was trying to be overpowering my brain by repeating that nothing going to change if I will think negative either. When I started connecting my brain and heart, and with much struggle, I could bridge the gap between the two and drive myself towards the positive energy. This drives me to write my first book, and then the rest we all see now.

Q: How does writing brings out the best in you?

It brings out the positivity, the extreme side of myself, tests my patience, polished me as a human & as an individual, and helped me introduce the other side of mine, which was uncovered till date.

Q: Do you believe in awards or rewards?

I neither believe in awards or rewards. I always believe in excellence. Because excellence is within my control, but neither rewards nor awards are. It is the reason why I keep writing; even if two people read it, they will feel happy and satisfied.

Q: What is your favorite Quote?

"Don't limit your challenges; in fact, keep challenging all your limits, then the real miracle will happen, and the character will be unveiled."

Q: How can you bring up a change in the literature world?

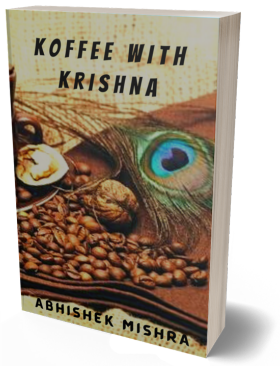
To bring up the change in the literature world, first, we must change our mindset. We need to have the learning attitude, not a perspective of an expert. Because when we start thinking of ourselves as an expert, then we will always restrict ourselves to learn. It will not bring any changes to the literature world, rather it changes our world, and it gives us a feeling that we know everything, but in reality, no one knows everything. To bring up the change in the literature world, we need to change our mindset and attitude.

Q: How does writing inspire you the most?

It is always difficult to quantify how does it inspires, but actually, I have programmed my mind and bridge the gaps between my heart and mind, so my thoughts, more of revolving thoughts, quotes, and reading some of the masterpieces by other eminent authors inspire me to pen-down my thoughts in my own creative way.

Q: Do you have any upcoming book? What is it about?

Yes! I do have an upcoming book, and it's titled "Koffee with Krishna."It's all about a couple's material journey and their transformation to the higher quadrant altogether. I am planning to release it in May-June 2021.



Q: Do you try more to be original or to deliver to readers what they want?

Yes, absolutely, I tried more to be original. I always focus on delivering the right intent, and my content should not sound bland to the readers. So I always spice up my writing with some real-life correlation and examples, as that is how a writer can connect with their reader. This is again the way I think.

Q: How do you feel about your book being featured in DE MODE?

I feel awesome and flabbergasted. Thanks for featuring me in DE MODE. It's an honor for an author like me to demonstrate my thoughts and portray them in DE MODE, where an author can get the right promotion intent. Kudos to the entire team for managing this and doing this great work.

TIME FLIES SO FAST.

Happy New Year!

FROM
DE MODE

LOUISE rose

Louise Rose Couture debuts SS21 collection 'Ethereal Dreams', during LONDON FASHION WEEK

British bridal and evening wear designer, Louise Rose Couture, was one of five designers selected to present their new collections during the exclusive show, produced by Geoff Cox of Fashion London. It was hit and miss whether any physical shows would go ahead at all during London Fashion Week, amid the pandemic.

DESIGNER LOUISE ROSE

LOUISE ROSE COUTURE

Louise Rose Couture, is a well-known design house in London, United Kingdom where timeless romance and inimitable individuality are a match made in the dress shop.

They create exciting made-to-order bridal and evening wear that reflects your personality. Louise's mission is to make you feel incredible, whatever your age, shape or size.

Their signature designs combine a love of beautiful vintage details, ethereal dreams & a touch of modern fashion. If you are on the hunt for a unique and non-traditional ensemble for your wedding day or a showstopper for a glamorous event, Louise Rose Couture is the designer for you.

LOUISE ROSE COUTURE
SPRING/SUMMER 2021

DE MODE | FASHION

VOLUME 04, ISSUE 19

Luxury *Lockdown*

PHOTOGRAPHER	Christina V Henningstad	christina_henningstad
STYLIST	Mila Evtushenko	mila.eva
HAIR	Nadia Hosany	dahyna.hairstyler
MAKE UP	Serguei Chatel	serguei.chatel
PRODUCTION	Fashionview Paris	fashionview.eu
MODEL AGENCY	Enjoymodels	enjoymodelsagency
MODEL	Hannah Weidenauer	hannahweiden
ART DIRECTOR:	Cloe Assire	cloeassire
EVENING GOWN:	LA Metamorphose	lametamorphoseofficial
SHOES:	Just Fab	justfabew

2020 is not unlike anything in recent memory. Through this pandemic which derails our lives and habits, this is also the occasion for creative rebirth in every aspect of society, including the fashion industry. This is why our team proposes a photoshoot made 'in camera' in a Parisian apartment, as a refuge during lockdowns, In partnership with the Haute Couture brands *La Métamorphose and Ziad Nakad,* this is a partially ironic staging of a fashion addict not letting herself be discouraged, providing a touch of hope for the future of fashion, in line with what many stylists have been able to do during the last fashion weeks.

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EVENING GOWN:	Ziad Nakad	ziadnakad
SHOES:	What For	whatfor_official
JEWELRY	Zara	zara

PHOTOGRAPHER	Christina V Henningstad	christina_henningstad
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DRESS:	Intimissimi	intimissimiofficial

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SHOES:	What For	whatfor_official
JEWELRY	Zara	zara

TEST DRIVE YOUR *Sex* DRIVE

Performance issues in bed are more common than you may realize. So if you are unable to hit home runs every time, there is no need to fret. It happens to the best of us!

So here's a workout routine to get you in the groove within no time!

1. INTERVAL TRAINING

Why: Easy exercises that can be done anywhere. They will increase your stamina and endurance, helping you last much longer!

How: Whether it is about running on a track, riding a bike, or working on a stair climber. The idea is to push your thrusters for at least 30 seconds, and then cool off for a minute (or two)! Repeat these as many times as you can, while gradually increasing the reps every week.

2. LYING LEG RAISE

Why: Intense core workout that increases thrusting strength and help you last longer in upright positions (a no-brainer indeed)!

How: Begin by lying on your back and raising your legs straight up in the air until they are perpendicular to your body. Then slowly lower them until they are only an inch off the floor. Do 3 sets of 10 reps each with a 30-second cool-off period between them.

3. PLANK

Why: The best exercise to boost your endurance and stamina for a never-ending ride in the bedroom!

How: Get into the position of a push-up with your hands apart. Squeeze the inner thighs, tighten the quads, and hold the position for 20-30 seconds. Repeat as many times as you can and scale according to your stamina.

4. SQUAT

Why: Squats increase the blood flow to your pelvic region, making orgasms more intense than you've ever experienced! They also add strength to your lower body, making your thrusts more powerful for deeper penetration!

How: Stand upright and start bending at the hips and knees (make sure your back is straight)! While you do so, raise your arms in the front and at shoulder height, and slowly rise while lowering your arms back down to your sides.

5. SEATED STRADDLE STRETCH

Why: Loosens up the muscles below the waist, especially if you spend long hours sitting at work. This will bring the blood flow back to the pelvic and groin regions, increasing the sensation in your nether area!

How: Sit and spread your legs far apart. Slowly lean forward by keeping your back straight and try to reach for your toes. Hold the position for 10-20 seconds (depending on your stamina). Repeat as many times as you can.

With a strict workout routine, you can surprise your woman with some adventurous positions in the bedroom while also making sure she has pleasure for longer.

#inspireyourself
#demodelife
#STAYFITWITHDEMODE

PHOTO: W R | ARTICLE SOURCE: SKORE CONDOMS

THAILAND FASHION WEEK®

FALL-WINTER 2021-2022

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